

Tribal

拍數: 88 牆數: 4 級數: Phrased Intermediate
編舞者: Mikael Mölsä (FIN) - 23 April 2023
音樂: Tribal - Imelda May : (Album: Tribal)



Starting point: At the vocals, at about 0:14.

Sequence: A B Tag A B A Tag A Tag A B Partly B

Note: At the end, after you've done the full B, you'll do the last 16 counts of the B –section again. This is the "Partly B" –section. It'll fit to the music so you know when it's coming. After that, you only have the ending left.

Ending: At the end, you can hear the sharp guitar chords for 5 counts. See the Ending –section at the end of the step sheet for more info.

Section A (64 counts)

JAZZBOX WITH HOLDS

- 1-2 Step right across left, hold
- 3-4 Step left back, hold
- 5-6 Step right to right side, hold
- 7-8 Step left forward, hold

JUMP OUT, JUMPS BACK, JUMP OUT, JUMPS BACK

- 1-2 Jump forward and out right & left, hold
- 3-4 Jump legs together and back, jump back
- 5-6 Jump forward and out right & left, hold
- 7-8 Jump legs together and back, jump back (weight ends up on right)

SHUFFLE FORWARD, 1/2 LEFT TURNING CHASE TURN

- 1-2 Step left forward, step right next to left
- 3-4 Step left forward, hold
- 5-6 Step right forward, turn 1/2 to left
- 7-8 Step right forward, hold

MODIFIED HALF BREAK, RECOVER, MODIFIED SAILOR TO MODIFIED HALF BREAK

- 1-2 Stomp onto your left foot, recover weight back to right foot
- 3-4 Step left behind right, step right next to left
- 5-6 Stomp onto your left foot, recover weight back to right foot
- 7-8 Step left behind right, step right next to left

Note: on counts 1 & 5 you can put your hands out to the sides, palm down, in a "Ta-Daa" move like you might see from a tap dancer. Essentially, the pattern is a lot like Half Break from step dancing.

STEP FORWARD, 1/4 RIGHT TURNING MAMBO TURN, HOLD, JAZZBOX

- 1-2 Step left forward, hold
- 3-4 Rock right across left, recover weight back to right
- 5-6 Turn 1/4 to right by stepping right to right side, step left across right
- 7-8 Step right back, step left to left side

KNEE POPS WITH HOLDS

- 1-2 Bring your right knee in, hold
- 3-4 Bring your left knee in, bring your right knee in
- 5-6 Bring your left knee in, hold

7-8 Bring your right knee in, bring your left knee in

KICK, ACROSS, BACK, SIDE x 2

&1-2 Step weight to left, kick right across left, step right across left

3-4 Step left back, step right to right side

5-6 Kick left across right, step left across right

7-8 Step right back, step left to left side

TRAVELLING TOE HEEL TOUCHES TO RIGHT WITH HOLDS

1-2 Touch right toe next to left and turn left heel towards right, hold

3-4 Touch right heel next to left and turn left toe towards left, touch right toe next to left and turn left heel towards right

5-6 Touch right heel next to left and turn left toe towards left, hold

7-8 Touch right toe next to left and turn left heel towards right, touch right heel next to left and turn left toe towards left

Section B (24 counts)

KICK, BEHIND, SIDE, CROSS x 2

1-2 Kick right to right side, step right behind left

3-4 Step left to left side, step right across left

5-6 Kick left to left side, step left behind right

7-8 Step right to right side, step left across right

1/2 LEFT TURNING PIVOT TURN WITH HOLDS, SHORTY GEORGE

1-2 Step right forward, hold

3-4 Turn ½ to left, hold

5-6 Step right forward, step left forward

7-8 Step right forward, step left forward

Note: While doing counts 5-8, bend your knees a little and turn them to right, left, right, left. Straighten yourself up at the end.

1/2 LEFT TURNING PIVOT TURN WITH HOLDS, SHORTY GEORGE

1-2 Step right forward, hold

3-4 Turn ½ to left, hold

5-6 Step right forward, step left forward

7-8 Step right forward, step left forward

Note: While doing counts 5-8, bend your knees a little and turn them to right, left, right, left. Straighten yourself up at the end.

Tag (16 counts)

KICK, BEHIND, SIDE, CROSS x 2

1-2 Kick right to right side, step right behind left

3-4 Step left to left side, step right across left

5-6 Kick left to left side, step left behind right

7-8 Step right to right side, step left across right

KICK, BEHIND, SIDE, CROSS x 2

1-2 Kick right to right side, step right behind left

3-4 Step left to left side, step right across left

5-6 Kick left to left side, step left behind right

7-8 Step right to right side, step left forward

ENDING (5 counts)

At the end of the song, you'll have 5 counts and you are at this point facing 9:00. To finish the dance to the front wall, do the following:

¼ RIGHT TURNING JAZZBOX WITH A HOLD

- 1-2 Step right across left, hold
- 3-4 Step left back, turn $\frac{1}{4}$ to right and step right to right side
- 5 Strike a pose

The pose can be anything you desire. One hand raised upwards, both hands raised upwards, stoic standing pose, jazz hands, anything that the music makes you want to do. This is your dance, your styling! ☐

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