

Halabamalujah

拍數: 44 牆數: 4 級數: Low Intermediate
編舞者: Nina Skyrud (NOR) & Elaine Cook (CAN) - April 2023
音樂: Halabamalujah - Lucas Hoge



Intro: 16 Counts (Approx 12s)

S1 Side, Behind, Side Heel Ball Cross (Right and Left)

- 1-2&3&4 Step R to right side, Step L behind R, Step R to right side, Touch L heel diagonally left, Step L ball next to R, Step R across L.
5-6&7&8 Step L to left side, Step R behind L, Step L to left side, Touch R heel diagonally right, Step R ball next to L, Step L across R (ending at right diagonal).[1:30]

S2 Shuffle fwd, Rock fwd-Recover, Back-Lock-Back-Back-Lock-Back-Back

- 1&2,3-4 Step R forward, Step L beside R, Step R forward; Rock L forward, Recover onto R.
5&6&7&8 Step L back, Step R across L, Step L back, Step R back, Step L across R, Step R back, Step L back.

S3 Back/drag, Ball Step into Shuffle fwd, ½ Pivot Turn R, Back, Back Coaster Step

- 1-2,&3&4 Step R a large step back dragging L towards R; Step L ball beside R, Step R forward, Step L beside R, Step R forward.
5-6,7&8 Turn ½ Turn right stepping L back; Step R back; Step L back, Step R beside L, Step L forward. [7:30]

S4 Step, 1/8 Turn L into Weave ¼ Turn L, ½ Turn L, ¼ Turn L

- 1-2 Step R forward, Turn 1/8 right stepping L to left side (squaring up to the wall) [9:00]
3-4 Step R behind L, Turn ¼ turn left stepping L forward. [6:00]
5-6-7-8 Step R forward, Swivel ½ Turn left [12:00]; Step R forward, Swivel ¼ Turn left. [9:00]

S5 Botafogo into Cross Shuffle, Hip Rolls R-L-R-L

- 1&2,3&4 Step R diagonally forward across L, Step L ball to left side, Recover onto R; Cross L over R, Step R side, Cross L over R.
5-6-7-8 Step R to right side into Hip rolls; Roll hips in figure 8 motion R-L-R-L.

S6 Jazz Box

- 1-2-3-4 Step R across L, Step L back, Step R to right side, Step L across R.

Tag 1 End of Walls 1 (9:00) & 3 (3:00)

Point fwd, Point back, Kick Ball Cross

- 1-2 Point R forward, Point R back;
3&4 Kick R forward diagonally right, Step R ball next to L, Step R across L.

Tag 2 End of Wall 5 (9:00)

Point fwd, Point back, Kick Ball Cross x2

- 1-2 Point R forward, Point R back,
3&4 Kick R forward diagonally right, Step R ball next to L, Step R across L
5&6 Kick R forward diagonally right, Step R ball next to L, Step R across L.

Ending Wall 7 Starts at 6:00. Dance the first 24 counts and end the dance stepping R to right side facing 12:00.

Contacts: ninasky@online.no and elainecook82@gmail.com

