

AB 2 Times

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Absolute Beginner / Beginner
編舞者: Janet Cummings (USA) - April 2023
音樂: 2 Times - Ann Lee



Intro: 32 Counts - No Tags/Restarts
Start with Weight on Left:

SECTION 1: WALK FORWARD 3X, STOMP OUT TO LEFT; VINE RIGHT, TOUCH

1, 2, 3, 4 Walk Forward, R, L, R, Stomp Out to Left Side on L
5, 6, 7, 8 Step R to Side, Step L Behind R, Step R to Side, Touch L (Vine or Grapevine)

SECTION 2: WALK BACK 3X, STOMP OUT TO RIGHT; VINE LEFT, TOUCH

1, 2, 3, 4 Walk Back, L, R, L, Stomp Out to Right Side on R
5, 6, 7, 8 Step L to Side, Step R Behind L, Step L to Side, Touch R (Vine or Grapevine)

SECTION 3: DIAGONAL FORWARD STEP, TOUCH X2; DIAGONAL BACK STEP, TOUCH X2

1, 2, 3, 4 Step R Diagonally Forward, Touch L, Step L Diagonally Forward, Touch R
5, 6, 7, 8 Step R Diagonally Back, Touch L, Step L Diagonally Back, Touch R

SECTION 4: VEE; TWIST 1/8 LEFT, CLAP HANDS; TWIST 1/8 RIGHT, CLAP HANDS

1, 2 Step R Diagonally Forward, Step L Diagonally Forward
3, 4 Step R Diagonally Back to Center, Step L Diagonally Back to Center
5, 6 Twist Balls of Both Feet 1/8 To Left (5), Clap Hands (6)
7, 8 Twist Balls of Both Feet 1/8 to Right (Face 12:00 Directly) (7), Clap Hands (8)

Note 1: Absolute Beginners...For 1st and 2nd Sections (Counts 5-8) if you can't do a Vine as suggested, then try to: Step to Side, Step Together, Step to Side, Touch (in place of Vine).

Note 2: For Beginners + you can take this off the front wall by doing TWO 1/8 Left turns with Hand Claps...doing so will make it a 4 Wall dance. (See Video)

Thank you dancers for your noted support of my AB Series.

So the journey continues with this dance...#27! Love this track, it's a little bit quick and upbeat, but doable! As always my goal is to work on focus using memory and improving balance...all Beginners should begin by taking small steps, as your confidence builds, so can your "flair"! Be safe and well, God bless.

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