

Standin' Still

拍數: 64 牆數: 2 級數: Improver
編舞者: Andy Arizona (UK) - April 2023
音樂: Standin' Still - The Clark Family Experience



Tag: end of section 7 (56 counts) wall 2 facing front, / Restart wall 5 restart facing back wall

Sec 1 - 3x Walks fwd, Kick. Back touch , back touch

1234 Step fwd on R, Step fwd on L, Step fwd on R , Kick L foot fwd
5678 step back L ,touch R next to L (clap) , step back R touch L next to R (clap)

Sec2 - 2x jazz jumps (or side touches) .grapevine ¼ turn L brush R

&1 2 & 3 4 step L to L side (&), touch R next to L (1) hold (2) , step R to R side(&) touch L next to R (3)
hold (4).
5678, step L to L side , step R behind L , step L to L side turning ¼ turn L brush R forward 9.00

Sec 3 - R lock step fwd brush L .step ¼ turn R cross hold

1234 step fwd on R, lock/step L behind R step fwd R brush L
5678 step fwd L pivot ¼ turn taking weight R cross L over R hold

Sec 4 - Quarter turn Left x 2 cross , Left coaster step hold

1234 quarter turn L stepping back on R, quarter turn L stepping L to L side, cross R over L hold
5678 step back on L. step R beside L, step L beside R hold

(restart here wall 5 facing back wall)

Sec 5 - Monterey ¼ turn R, point out , fwd , out , hook

1234 touch R out to R side, make ¼ turn R stepping R next to L, touch L out to L side , step L next
to R
5678 point R toe to R side , point R toe fwd, point R toe to R side , hook R behind L

Sec 6 - grapevine ¼ turn R hold , chase ½ turn R hold

1234 step R to R side , step L behind R, making ¼ R stepping R fwd, hold
5678 step fwd on L make ½ turn R (weight on R) step fwd L, hold

Sec 7 - rock recover behind ,rock recover behind, side cross

1234 rock R to R side ,recover on to L , step R behind , rock L to L side,
5678 recover on to R, step L behind R, step R to R side, cross L over R

(4 count tag wall 2 , side touches x2 step R touch L next to R, step L touch R next to L)then restart

Sec 8 - Right Rumba box back & forward

1234 step R to R side, step L next to R, step back on R , touch L next to R
5678 step L to L side, step R next to L, step fwd on L, brush R foot fwd ,

(start again) thanks to Gary Leonard for sending me the track

Last Update: 27 Apr 2023