

Zwoa

拍數: 32 牆數: 2 級數: Easy Intermediate
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音樂: Es braucht 2 (Remix) - Seer



Intro:32 count

Tag:After wall 2 & 7 : 8 counts

Restart: In wall 5 after 16 counts (change step-lock-step with kick-ball-side) you change from N-S to E-W (point of the compass)

SIDE, CROSS ROCK, RECOVER, CHASSÉ LEFT, ROCK FWD., RECOVER, BACK-LOCK-BACK

1, 2,3 RF side, LF cross RF, weight back on LF
4&5 LF step side, RF on LF, step side
6,7 RF step forward, weight back on LF
8&1 RF step back, LF cross RF, RF step back

STEP LEFT BACK, ½ TURN LEFT, CHASSÉ RIGHT WITH ¼ TURN LEFT, BACK ROCK, RECOVER, LOCK SHUFFLE FWD.

2,3 LF step back, ½ turn left on the balls (weight on LF) (6:00)
4&5 RF step side, LF on RF, with ¼ turn left back (3:00)
6,7 LF step back, weight back on RF
8&1 LF step forward, RF behind LF, LF step forward

Restart in wall 5 on (3:00) Uhr change step-lock-step with kick-ball-side 8&1

SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS, SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS

2,3 RF step side, weight back on LF
4&5 RF behind LF, LF step side , RF cross LF
6,7 LF step side, weight back on RF
8&1 LF behind RF, RF step side, LF cross RF

SIDE ROCK, RECOVER, SAILOR STEP WITH ¼ TURN RIGHT, COASTER STEP FWD., SIDE, TOGETHER....

2,3 RF step side, weight back on LF
4&5 RF with ¼ turn right behind LF, LF step side , RF step side (6:00)
6,7 LF step forward, RF on LF, LF step back
8& ... RF step side, LF on RF,....

TAG: SIDE, CROSS ROCK, RECOVER, CHASSÉ LEFT, CROSS ROCK, RECOVER, SIDE, TOGETHER

1, 2,3 RF step side, LF cross RF, weight back on RF
4&5 LF step side, RF on LF, LF step side
6,7 RF cross LF, weight back on LF
8& RF step side, LF on RF

START AGAIN!