

I'm Your Mother

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynn Sawyer (UK) - April 2023
音樂: Mother - Meghan Trainor



No tags, 3 restarts. Start on word "mother"

[1-8]. CHARLESTONS X2, LOCK STEP, MAMBO

- 1,2. Sweeping foot outwards, point right toe forward. Sweeping foot outwards, step right behind left.
- 3,4. Sweeping foot outwards point left toe back, sweeping foot outwards step left foot slightly forward.
- 5&6. Step forward right, step left behind, step forward right.
- 7&8. Rock forward onto left & replace beside right

[9-16]. CROSS SHUFFLE, HALF HITCH TURN, CROSS ROCK, CHASSE LEFT

- 9&10. Cross right over left, step left to left, cross right over left
- 11,12. Making ¼ turn right step back left, making ¼ turn right step right to right side
- 13,14. Cross rock left over right & replace weight onto right
- 15&16. Step left to left, step right beside left, step left to left

[17-24]. CROSS POINTS X2, ¼ JAZZ BOX

- 17,18. Cross right over left, point left to left
- 19,20. Cross left over right, point right to right
- 21-24. Cross right over left, making ¼ turn right step back left, step right to right side, step forward left

[25-32]. ROCK & CROSS X2, ¼ PADDLE TURNS X2

- 25&26. Rock right out to right, replace weight on left, cross right over left
- 27&28. Rock left out to left, replace weight on right, cross left over right.
- 29-32. Step forward right, making ¼ turn left replace weight onto left, TWICE.

RESTARTS:

walls 3 & 7 after count 24

wall 5 after count 16.