

Bad Hair Day

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Easy Improver
編舞者: Charlotte Skeeters (USA) - April 2023
音樂: Bad Hair Day - John Phillips : (Album: Bad Hair Day - Single - iTunes)



Intro: 16 counts (on the vocals)

Tag: 4 times. Don't panic! It's on the instrumentals, very easy to hear

Sequence: 32, 32, Tag (12:00), 32, 32, Tag (12:00), 32, 32, Tag (12:00), 32, Tag (6:00) – done with tag

[1-8] DOROTHY (aka. WIZZARD), FORWARD, BACK, SHUFFLE BACK, BACK, RECOVER:

1-2-& Right forward; Left lock behind right; Right forward (&)
3 – 4 Left rock forward; Right rock back
5 & 6 Left back; Right back next to left (&); Left back
7 – 8 Right rock back; Recover forward Left (12:00)

[9-16] TURNING JAZZ, CROSS, KICK-BALL-CROSS, KICK-BALL-CROSS :

1 – 2 Right cross over left; Turn 1/4 right stepping back Left
3 – 4 Right side right; Left cross over right
5 & 6 Right kick forward; Right back (&); Left cross over right
7 & 8 Right kick forward; Right back (&); Left cross over right (3:00)

[17-24] DIAGONAL, TOUCH, DIAGONAL, TOUCH, FORWARD, 1/2 TURN, FORWARD, 1/4 TURN:

1 – 2 Right step diagonal forward to right corner; Left touch next to right
3 – 4 Left step diagonal forward to left corner; Right touch next to left
5 – 6 Right forward; Turn 1/2 left shifting forward onto Left
7 – 8 Right forward; Turn 1/4 left shifting side onto left (6:00)

[25-32] HIP BUMPS, HEEL, &, HEEL, &, HEEL, FLICK or TOUCH and CLAP:

1 – 4 Hip bumps Right - twice; Hips bumps Left - twice
5&6& Right heel touch forward; Right next to left (&); Left heel touch forward; Left next to right (&)
7 – 8 Right heel touch forward; Flick right foot back or touch next to left and CLAP (6:00)

*TAG here on wall 3 (front), 5 (front), 7 (front), 8 (back)

BEGIN AGAIN!

TAG 16 counts on instrumentals: Wall 3 (front), Wall 5 (front), Wall 7 (front), Wall 8 (back)

WALK, WALK, WALK, KICK and CLAP, BACK, BACK, BACK, TOUCH:

1 – 4 Walk forward - Right; Left; Right; Kick left forward and CLAP
5 – 8 Walk back – Left; Right; Left; Touch Right next to left

PADDLE TURNS:

1 – 4 Right forward; Turn 1/4 left; Right forward; Turn 1/4 left
5 – 8 Right forward; Turn 1/4 left; Right forward; Turn 1/4 left

Optional Arms: During the paddle turns raise right arm over head and make a circle as you turn (like a lasso)

ENDING: Facing 12:00, do the first 8 counts of dance then step forward Right – Quack!