Hanky Panky

拍數: 128

級數: Phrased Advanced

編舞者: Lisa Wetzler (USA) - February 2023

音樂: Down by the Riverside - Willie Jones

A-64 counts, A1-first 32 counts of A, A2-first 48 counts of A Sequence: A, A1, B, A2, A1, B, C, A1, B, C

Dance begins 32 counts in at ~0:15 seconds facing 12:00.

PART A

[1-8]: Step R to right side, hold, step L next to R, hold, repeat. (Arm styling here)

- 1,2,3,4 Step out R to right side while bringing L arm above head, hold, step L next to R while bringing R arm up above head and L arm down, hold.
- Repeat footwork in counts 1-4 (upper body styling with chest pumps instead of arms). 5.6.7.8

[9-16]: L step back with body roll, pop R knee, repeat on R, touch L to L side, L flick behind R, step L to L side with hip roll, R heel-toe swivels.

- Step back with half the weight on L and start body roll, end with full weight on L finish body 1,2 roll as R knee pops forward.
- 3,4 Step back with half the weight on R and start body roll, end with full weight on R finish body roll as L knee pops forward.
- 5&6 Touch L toe to left side stay weighted on R, flick up L behind R, step L to L side while rolling hips back R to L (end weighted on L).
- 7&8 R heel swivels toward L, R toe swivels toward L, R heel swivels toward L.

[17-24]: R ¼ turn hitch, touch back R, R forward ¼ hitch left, R side step, L cross behind, ¼ turn step R forward to 3:00, 1/2 turn clockwise L pivot to 9:00

- 1,2 ¹⁄₄ Turn R toward 3:00 hitch R knee moving backward, touch back with partial weight on R.
- ¹/₄ Turn L toward 12:00 hitch R knee moving forward, step R to R side with full weight. 3,4
- 5,6 Cross L behind R, ¼ turn R step forward to face 3:00.
- Step forward L, pivot clockwise 1/2 turn to face 9:00. (add hip bumps for styling). 7.8

[25-32]: Step forward L, R pivot half turn to 3:00, Step forward R, L front rock w/body roll, recover, L ball point w/ bent knee, knee and chest pops.

- While facing 9:00 step forward L. 1
- 2,3 Step forward R, keeping feet in place 1/2 turn counter-clockwise on balls of feet to face 3:00.
- Step forward on R, forward rock on L with body roll, recover back on R. 4.5.6
- &,7 Step ball of L next to R, touch R toe to right side with bent knee outward (aka popped knee).
- &8& Pop R knee inward, chest pop out while R knee pops outward, chest pops in (After A1, only invert knee and back out on count &8).

[33-40]: R ½ turn sweep, R step, L point, hold, L behind side cross, hold with chest pumps.

- Sweep R back using momentum to make 1/2 turn clockwise to face 9:00, step R next to L. 1,2
- 3,4 Point L to left side, hold.
- 5&6 Step L behind R, step R to right side, cross L in front of R.
- 7.8 Hold 2 counts (styling: 2 chest pumps with left hand over chest during wall 1, point to head on wall 2).

[41-48]: R side rock, recover, R behind side cross with ¼ turn left to 6:00, forward L rock, recover, L coaster step.

- 1,2 Rock R to right side, recover on L.
- 3&4 Step R behind L, step L to L side, ¹/₄ turn left step R forward (face 6:00).
- 5,6 Rock L forward, recover back on R.





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7&8 Step back L, step back R next to L, step forward L.

[49-56]: Traveling forward RL hip bumps, R forward rock step, recover, step 1/4 turn R with hip circle to 9:00.

- 1&2 Touch ball of R forward while R hip bumps up, step R down while R hip bumps down.
- 3&4 repeat on L.
- 5,6 rock forward R, recover back on L.
- 7,8 step R ¹/₄ turn and face 9:00 make hip circle right to left (end with weight on R).

[57-64]: L foot flick behind, L heel touch, L heel grind with ¼ turn L to face 6:00, L back rock, recover, full R turn.

- 1,2 Flick L foot up and behind R leg, touch L heel to left side.
- 3,4 Rock forward on L heel with toes pointed to R, recover on R as you make a ¼ turn left.
- 5,6 Rock L back, recover forward on R (use to prep for turn).
- 7,8 Step L foot forward next to R and make a full clockwise turn with feet together ending with weight on L foot.

PART B

[1-8]: R ¼ turn paddle, forward R step, scuff L, L step, scuff R.

- 1,2,3,4 Paddle turn with RF to make ¼ turn L to face 12:00 (Paddle turn-stay weighted on L, rock R foot out to R, bring knee up as you make a 1/8 turn), repeat.
- 5,6,7,8 Step forward R, scuff L forward, step forward on L, scuff R forward.

[9-16]: R rocking chair, R ½ turn pivot to 6:00, R shuffle forward.

- 1,2,3,4 Rock forward R, recover back on L, rock back on R, recover forward on L.
- 5,6 Step forward R, ½ turn pivot counter-clockwise.
- 7&8 Shuffle forward L,R,L.

[17-24]: L ½ turn paddle to 12:00, L step, scuff R, R step, scuff L.

- 1,2,3,4Paddle turn with L to make ½ turn clockwise to 12:00 (Paddle turn- stay weighted on R, rock
L to left side, bring knee up as you make a ¼ turn to right), repeat.
- 5,6,7,8 Step forward R, scuff LF, step forward R, scuff LF.

[25-32]: L rocking chair, L ½ turn pivot to 6:00, L shuffle forward.

- 1,2,3,4 Rock forward L, recover back on R, rock back on L, recover forward on R.
- 5,6 Step forward L, pivot ½ turn clockwise to 6:00.
- 7,8 Step forward L, step together R (weight evenly distributed).

PART C

[1-8]: L side pony x2, slide L touch R, R and L heel switches, front R step into jumping R knee hitch.1&,2&(While traveling to the left) step ball of L, step R next to L as L knee hitches, repeat.3,4Slide L to left side, touch R next to L.5&6&Tap R heel forward, step R next to L, tap L heel forward, step L next to R.7,8Step forward R, hop forward on L as R knee hitches up.

[9-16]: Lock R behind L, ½ turn right to unwind to 6:00, drop it like its hot-squat, straighten legs, ¼ turn slide L, ¼ turn slide R, side step L, hold.

- 1,2,3,4 Lock ball of R behind L, ¹/₂ turn clockwise, squat down (as low as desired), stand back up and straighten legs.
- 5,6 Slide L ¼ turn and bring R next to L, slide R ¼ turn and bring L next to R to 12:00.
- 7&8 Step L to L side and bring R next to L, hold while chest pumps forward then back w/ hand on chest.

[17-24]: Traveling to right side R pony, repeat, slide R to right side, step L next to R, R and L heel switches, R step forward and hitch.

- 1&2& (while traveling to the right) Step ball of R, step L next to R as R knee hitches, repeat.
- 3,4 Slide R to right side, step and place weight on L next to R.

- 5&6& Tap R heel forward, step R next to L, tap L heel forward, step L next to R.
- 7&8 Step forward R, hop forward on L as R knee hitches up.

[25-32]: ¼ turn counter-clockwise R pony, repeat to 6:00, ¼ turn L pony counter-clockwise, repeat to 12:00, giddy up in place RL, repeat (with lasso arm movement).

- 1&2& Step ball of R, recover L as R knee hitches while making ½ turn counter-clockwise, repeat.
- 3&4& Step ball of L, recover R as L knee hitches while making ¹/₈ turn counter-clockwise, repeat.
- 5,6,7,8 (knees bent and pointing outward)-Step in place R then L while making lasso motion above head with R arm, repeat.