My Cup of Tea



拍數: 36 牆數: 4 級數: Improver

編舞者: Charlotte Steele (SA) - April 2023

音樂: Cup O' Tea - Don Williams



This dance is dedicated to Caroline Lucas, whose passion for a certain brand of tea matches mine for an entirely different brand!

Intro: 36 counts. Start on vocals.

S.1 Reverse K-Step Shuffle

1 2	Step L forward to left diagonal, touch R next to L
3&4	Triple step R-L-R diagonally right back to home
5 6	Step L back to left diagonal, touch R next to L

7&8 Triple step R-L-R diagonally forward to home (weight onto R) (12:00)

S.2: L Fwd Rock-Recover. 1/4 Turn Left Coaster. R Rocking Chair.

12	Rock forward on L, Recover back onto R (12:00)
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5 6 Rock forward on R, recover back onto L

7 8 Rock back on R, recover forward onto L (9:00)

S.3 Prissy Step R-L. R Rocking Chair.

1 2	Step R forward and slightly across L (with attitude!), Hold (weight onto R)
3 4	Step L forward and slightly across R (with attitude!), Hold (weight onto L)
5 6	Rock forward on R. recover back onto L

7 8 Rock back on R, recover forward onto L (9:00)

S.4: Monterey 1/4 Turn Right. Jazz Box with 1/4 Turn Right.

1 2	Point R to right side, turn 1/4 right (12:00) on ball of L and drag R next to L (weight onto R)
3 4	Point L to left side, step L next to R (12:00) (weight onto L) **Restart here on wall 5**

5 6 Cross R over L, step L back

7 8 Turn 1/4 right (3:00) and step R to right side, step L forward (3:00)

S.5 Sway R-Hold, Sway L-R.

1 2 Small step R to right side and sway hips right, Hold *Restart here on wall 3 and wall 7*

3 4 Sway hips left, sway hips right (end with weight on R) (3:00)

Start Again

RESTARTS:

*On wall 3 and wall 7, dance only counts 1-2 of Section 5, then restart the dance.

*On wall 5, restart the dance after count 4 of Section 4 (you will be facing 12:00).

ENDING: Dance ends as the music fades on wall 9, count 36 (end of Section 5), facing 12:00.

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