The Best Version of Me

拍數: 28 **牆數:** 2 **級數:** Improver
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音樂: La mejor versión de mí - NATTI NATASHA

Intro : 8 Counts - 1 TAG AFTER FIRST WALL - NO RESTARTS

Section 1 : Cross rock, recover, 3/4 Turn R Sweep, Behind, Side, Cross rock, Recover, 1/4 Turn R, Walk RL

1-2&	Cross rock R over , Recover on L, 1/4 Turn right step R forward
3-4&	1/2 Turn right step L back and sweep R out, Step R behind, Step L side
5 - 6&	Cross R over , Recover on L , 1/4 Turn right step R forward
7-8	Step L forward, Step R forward.

Section 2: BNC L-R, 5/8 Turn R, Step, Rock, Recover, Back, Back

1-2&	Step L side , Slightly Behind, Cross L over
3-4&	Step R side , Slightly behind, Cross R over
5–6&	1/4 Turn step L back, 3/8 Turn step R forward, Versi L forward
7-8&	Recover on R, Step L back, Step R back [7.30]

Section 3 : Walk L-R, 1/2 Diamond shape Fallaway, Behind, 1/4 Turn, Step

1-2	1/2 Turn left Step L forward, Step R forward
3-4&	Step L side, 1/8 turn right Step R back, Step L back
5-6 &	1/8 Turn right Step R side, 1/8 Turn right Step L forward , Step R forward
7-8&	1/8 Turn right Step L side, Step R behind, 1/4 Turn left Step L forward [6.00]

Section 4 : Spiral Turn, Rock, Recover, Side

1-2	Step R forward full turn on R with L hook, Rock L forward
3-4	Recorver on R , Step L Side.

TAG : Diagonally Rocking Chair

1-2	Cross rock R over , Recover on L,
3-4	Rock R diagonally back, Recover on L