

Twisted Mind

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gary O'Reilly (IRE) - April 2023
音樂: Twisted Mind (Edit) - Purple Disco Machine & Agnes : (iTunes & amazon)



#16 count intro

Section 1: SIDE, LEAN, RECOVER, REVERSE FULL TURN, SAILOR STEP, HOLD, BALL STEP

- & 1 2 Step R to R side (&), lean R angling body $\frac{1}{4}$ L with L toe turned out & up (1), recover on L (straighten to 12:00) (2) (12:00)
3 4 $\frac{1}{2}$ R stepping R to R side (3), $\frac{1}{2}$ R stepping L to L side (4) (12:00)
5 & 6 Cross R behind L (5), step L to L side (&), step R to R side (opening body to R diagonal) (6)
7 & 8 HOLD (7), step L next to R (&), step R to R side (8)

Section 2: POINT, POINT, HITCH & TOUCH, POINT, DRAG, DRAG, BALL STEP

- 1 2 Point L forward across R (1), point L to L side (2)
3 & 4 Hitch L knee up (3), step L next to R (straightening up to front wall) (&), touch R next to L (4)
5 6 7 Point R to R side (5), start to drag R in towards L (6), continue to drag R in next to L (7)
& 8 Step on ball of R next to L (&), step forward on L (8) *RESTART WALL 3

Section 3: FWD ROCK, $\frac{1}{2}$, $\frac{1}{4}$, BEHIND SIDE CROSS, HOLD, SIDE ROCK

- 1 2 Rock forward on R (1), recover on L (2)
3 4 $\frac{1}{2}$ R stepping forward on R (3), $\frac{1}{4}$ R stepping L to L side (4) (9:00)
5 & 6 Cross R behind L (5), step L to L side (&), cross R over L (6)
7 & 8 HOLD (7), rock ball of L to L side (&), recover on R opening body up to R diagonal (8) (10:30)

Section 4: ROCK RECOVER & ROCK RECOVER, COASTER STEP, STEP, TWIST TWIST

- 1 2 Rock forward on L rolling hip forward from front to back anti-clockwise (1), recover on R (2)
& 3 4 Step L next to R (&), rock forward on R (3), recover on L (4)
5 & 6 Step back on R (5), step L next to R (&), step forward on R (6)
7 & 8 Step forward on L (7), twist both heels L (&), twist both heel back in place (weight ends on R) (8)

Section 5: $\frac{1}{8}$ SIDE, POINT, $\frac{1}{4}$, $\frac{1}{4}$, BACK, SWEEP, BEHIND SIDE CROSS

- 1 2 $\frac{1}{8}$ L stepping L to L side (1), point R to R side (looking over L shoulder) (2) (9:00)
3 4 $\frac{1}{4}$ R stepping forward on R (3), $\frac{1}{4}$ R stepping L to L side (4) (3:00)
5 6 Step back on R (5), sweep L around from front to back (6)
7 & 8 Cross L behind R (7), step R to R side (&), cross L over R (8)

Section 6: SIDE, POINT, $\frac{1}{4}$, $\frac{1}{2}$, BACK, DRAG, DRAG, BALL ROCK

- 1 2 Step R to R side (1), point L to L side (looking over R shoulder) (2)
3 4 $\frac{1}{4}$ L stepping forward on L (3), $\frac{1}{2}$ L stepping back on R (4) (6:00)
5 6 7 Long step back on L (5), start to drag R in towards L (6) continue to drag R in next to L (7)
& 8 Rock ball of R to R side (&), recover on L (8)

Section 7: CROSS, HITCH, BACK, SWEEP, SAILOR STEP, HOLD, BALL STEP

- 1 2 Cross R over L (1), hitch L knee forward toward L diagonal (2)
3 4 Step back on L (3), sweep R around from front to back (4)
5 & 6 Cross R behind L (5), step L to L side (&), step R to R side (6)
7 & 8 HOLD (7), step L next to R (&), step R to R side (8) (6:00)

Section 8: CROSS ROCK/PRESS, SWEEP, SAILOR STEP, JAZZ BOX

- 1 2 Cross rock/press L over R (1), recover on R sweeping L around from front to back (2)

3 & 4 Cross L behind R (3), step R to R side (&), step L to L side (4)
5 6 Cross R over L (5), step back on L (6)
7 8 Step R to R side (7), step forward on L (8)

***RESTART: Dance 16 counts of Wall 3 & restart the dance facing (12:00)**

ENDING: Dance ends facing (12:00)

Contact:

Gary O'Reilly

oreillygaryone@gmail.com - 00353857819808

<https://www.facebook.com/gary.reilly.104>

www.thelifeoreillydance.com
