

# This Good Life

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Susan Reynolds (USA) - April 2023  
音樂: Good Vibes - Chris Janson



## No Tags or Restarts

Intro: 16 counts from first beat. Start with lyrics

### WALK, WALK, FORWARD MAMBO, WALK, WALK, COASTER

1-2            Walk R forward, Walk L forward  
3&4           Rock R forward, Recover on L, Step R back  
5-6           Walk L backward, Walk R backward  
7&8           Step L back, Step R back beside L, Step L forward

Restart here on Wall 3 (6:00) after 8 counts

### SIDE ROCK RECOVER, SAILOR, BACK, BACK, STOMP, TOUCH

1-2            Rock R to R side, Recover on L  
3&4           Step R behind L, Step R to side, Step R in place  
5-8           Step L back, Step R back, Stomp L beside R, Touch R beside L

### SIDE SHUFFLE, HEEL TAPS SIDE SHUFFLE, KICK-BALL-CHANGE

1&2           Step R to R side , Step L to side beside R, Step R to R side  
3-4           Tap L heels twice  
5&6           Step L to L side , Step R to side beside L, Step L to L side  
7&8           Kick R forward, recover on Ball of R, Step L in place.

### HEEL GRIND TURNING ¼ R, COASTER, BACK, BACK, STOMP, TOUCH

1&            Place R heel forward with toes facing in, Swivel heel to outside as turn ¼ R  
2            Step L back  
3&4           Step R back, Step L back beside R, Step R forward  
5-8           Step L back, Step R back, Stomp L beside R, Touch R beside L

See my other dance videos at: [SusanReynolds@susanreynoldslinedances](mailto:SusanReynolds@susanreynoldslinedances)

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