

# Sweet Mama Seniorita

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Absolute Beginner  
編舞者: Helaine Norman (USA) - April 2023  
音樂: Hey Señorita - The Koi Boys



Intro: On 3rd syllable of word Seniorita "ri"  
No tags/restarts

## I. SIDE, HOLD, BACK-ROCK, RECOVER; SIDE, HOLD, BACK-ROCK, RECOVER

1-2            Step R side, hold  
3-4            Rock L back, recover to R  
5-6            Step L side, hold  
7-8            Rock R back, recover to L

## II. SHUFFLE, HOLD; SHUFFLE, HOLD

1-4            Step R forward, step L together, step forward, hold  
5-8            Step L forward, step R together, step L forward, hold

Optional for counts 4 & 8: Touch together or hold

## III. BACK, TOUCH X4

1-2            Step R back diagonally, touch L together  
3-4            Step L back diagonally, touch R together  
5-6            Step R back diagonally, touch L together  
7-8            Step L back diagonally, touch R together

Optional for III: Slow toe struts back X

## IV. SIDE, TOGETHER, SIDE, HOLD; SIDE, TOGETHER, SIDE, HOLD

1-4            Step R side, step L together, step R side, hold  
5-8            Step L side, step R together, step L side, hold

Optional for 4 & 8: Touch together instead of hold

## V. K-STEP WITH BRUSH

1-2            Step R forward diagonally, touch L together  
3-4            Return L center, touch R together  
5-6            Step R back diagonally, touch L together  
7-8            Return L center, brush R forward

## VI. SLOW PIVOT ¼ L TURN X2

1-4            Step R forward making ¼ turn left, hold, step on L, hold (9:00)  
5-8            Step R forward making ¼ turn left, hold, step on L, hold (6:00)

Optional for 1-8: Walk 4 slow steps counter clockwise to 6:00

REPEAT

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