

Living Under a Rock

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver NC2S
編舞者: Sunny Jeong (KOR) - February 2023
音樂: Living Under a Rock (세상모르고 살았노라) - Airstrip Runway (할주로)



Restart: After 20C of wall 3

[Sec.1] SIDE POINT, CROSS, HITCH, CROSS, SIDE POINT, FLICK, SIDE/BACK/SIDE ROCK, CROSS, SIDE

12& RF point side(1), RF cross over LF(2), LF hitch(&)
34& LF cross over LF(3), RF point side(4), RF flick(&)
5&6& RF rock side(5), LF recover(&), RF rock back(6), LF recover(&)
7&8& RF rock side(7), LF recover(&), RF cross over LF(8), LF step side(&)

[Sec. 2] ¼R JAZZ, SIDE, FWD, FWD SWEEP, CROSS, SIDE, BACK/SIDE ROCK, ¼R SIDE ROCK, ¼R SIDE ROCK

12& RF cross over LF(1), LF ¼ turn R stepping backward(2)3.00, RF step side(&)
34& LF step forward & RF sweep forward(3), RF cross over LF(4), LF step side(&)
5&6& RF rock back(5), LF recover(&), RF rock side(6), LF recover(&)
7&8& RF ¼ turn L rocking side(7)12.00, LF recover(&), RF ¼ turn L rocking side(8)9.00, LF recover(&)

[Sec. 3] FORWARD, PIVOT ½L, FORWARD, ½R BACKWARD, ¼R SIDE, CROSS, ¼R ROCKING CHAIR, ¼R ROCKING CHAIR

12& RF step forward(1), LF pivot ½ turn L(2)12.00, RF step forward(&)
34& LF ½ turn R stepping backward(3)9.00, RF ¼ turn R stepping side(4)12.00, RF cross over LF(&)
5&6& RF ⅛ turn R rocking forward(5)1.30, LF recover,(&) RF rock back(6), LF recover(&)
7&8& RF ⅛ turn R rocking forward(7)3.00, LF recover(&), RF rock back(8), LF recover(&)

[Sec. 4] (¼R MONTEREY)*2, R/L (BACKWARD, HITCH), R/L(HEEL SWITCH STEP)

1&2& RF point side(1), RF ¼ turn R stepping beside LF(&)6.00, LF point side(2), LF step beside RF(&)
3&4& RF point side(3), RF ¼ turn R stepping beside LF(&)9.00, LF point side(4), LF step beside RF(&)
5&6& RF step backward(5), LF hitch(&), LF step backward(6), RF hitch(&)
7&8& R heel point forward(7), RF step beside LF(&), L heel point forward(8), LF step beside RF(&)9.00

Enjoy the dance

※Onnurim Contact:

Homepage; <https://oklinedance.com/>

[1]. hani3756@gmail.com

[2]. <https://m.blog.naver.com/jsh3756>

[3]. <https://www.facebook.com/suny.jung.5>