

# I Wrote A Dance

COPPERKNOB  
BY SHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Ross Brown (ENG) - April 2023  
音樂: I Wrote A Song - Mae Muller : (CD: I Wrote A Song - Single)  
或: Sleepwalker - Ava Max



**Intro : 16 Counts (Approx. 7 Seconds)**

**Tags : Danced at the Ends of Walls 1 & 3 facing the Back Wall. See End of Script.**

## **WALK FORWARD. RONDE HITCH, CROSS, BACK ¼ TURN R. SHUFFLE ¼ TURN R.**

1 – 2 – 3 – 4      Walk forward; R, L, R, L.  
5 – 6 – 7      Ronde hitch R forward, cross step R over L, make a ¼ turn R stepping L back.  
8 & 1      Make a ¼ turn R stepping; R to R, L next to R, R to R.(6 O'CLOCK)

**Note : Feel free to throw in some exciting arm actions during the Walk Forward.**

**If dancing to the Alternative Track, you may want to pretend to be Sleepwalking.**

## **CROSS ROCK. CHASSE LEFT. CROSS, BACK. OUT, OUT, BALL, CROSS.**

2 – 3      Cross rock L over R, recover onto R.  
4 & 5      Step L to L, close R up to L, step L to L.  
6 – 7      Cross step R over L, step L back.  
& 8 & 1      Step R to R, step L to L, step R next to L, cross step L over R.(6 O'CLOCK)

## **MONTEREY HOOK ½ TURN R. SHUFFLE FORWARD. FORWARD ROCK. BACK, TOUCHES.**

2 – 3      Point R to R, make a ½ turn R hooking R across L shin.  
4 & 5      Step R forward, close L up to R, step R forward.  
6 – 7      Rock L forward, recover onto R.  
& 8 & 1      Step L back, touch R forward, step R back, touch L forward. (12 O'CLOCK)

## **HOLD, SIDE ¼ TURN L. SYNCOPATED SIDE SWITCHES. ROLLING VINE FULL TURN L.**

2 & 3      Hold for Count 2, make a ¼ turn L stepping L to L, point R to R.  
4 & 5      Hold for Count 4, step R next to L, point L to L.  
6 – 7 – 8      Make a ¼ turn L stepping L forward, make a ½ turn L stepping R back, make a ¼ turn L stepping L to L.(9 O'CLOCK)

## **JAZZ BOX. SHUFFLE FORWARD. CROSS, BACK ¼ TURN R. CHASSE ¼ TURN R.**

1 – 2 – 3      Cross step R over L, step L back, step R to R.  
4 & 5      Step L forward, close R up to L, step L forward.  
6 – 7      Cross step R over L, make a ¼ turn R stepping L back.  
8 & 1      Step R to R, close L up to R, make a ¼ turn R stepping R forward. (3 O'CLOCK)

## **SIDE ¼ TURN R, BEHIND. CHASSE ¼ TURN L. STEP, PIVOT ½ TURN L. SIDE ¼ TURN L, TOGETHER.**

2 – 3      Make a ¼ turn R stepping L to L, cross step R behind L.  
4 & 5      Step L to L, step R next to L, make a ¼ turn L stepping L forward.  
6 – 7      Step R forward, pivot a ½ turn L.  
8 &      Make a ¼ turn L stepping R to R, step L next to R. (6 O'CLOCK)

## **HIP ROLL RIGHT with TAP. HIP ROLL LEFT with TAP. SAILOR STEPS; R & L.**

1 – 2      Step R to R rolling hips anticlockwise, tap L to L.  
3 – 4      Step L to L rolling hips clockwise, tap R to R.  
5 & 6      Cross step R behind L, step L to L, step R to R.  
7 & 8      Cross step L behind R, step R to R, step L to L. (6 O'CLOCK)

## **STEP, PIVOT ½ TURN L. SHUFFLE FORWARD. STEP, PIVOT ½ TURN R. SHUFFLE FORWARD.**

1 – 2            Step R forward, pivot a ½ turn L.  
3 & 4            Step R forward, close L up to R, step R forward.  
5 – 6            Step L forward, pivot a ½ turn R.  
7 & 8            Step L forward, close R up to L, step L forward. (6 O'CLOCK)

**END OF DANCE! □**

**TAG : DANCED AT THE END OF WALLS 1 & 3 FACING BACK WALL BOTH TIMES.**

1 – 2 – 3 – 4     Rock R forward, recover onto L, rock R back, recover onto L.

**Alternative Music : Sleepwalker by KOMfKGicFm4 [Length – 3:11]**

**CD: Diamonds & Dancefloors (126 BPM)**

**Intro : 16 Counts (Approx. 7 Seconds)**

**Restarts : On Walls 1 & 3, restart the dance after 56 Counts facing the Back Wall.**

**Tag : Danced TWICE at the End of Wall 4 facing the Front Wall.**

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