

You Keep Me Hangin' On

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - April 2023
音樂: You Keep Me Hangin' On - The Supremes : (Spotify / Apple Music / Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts on lyrics)

[S1] Dip-Kick, Dip-Kick, Behind, 1/4L, Step-Pivot 1/2L

1 2 Step R to the side/dipping down, Stretching up/kick L foot diagonally forward
3 4 Step L to the side/dipping down, Stretching up/kick R foot diagonally forward
5 6 Step R behind L, Make a ¼ turn left stepping forward on L (9:00)
7 8 Step forward on R, Make a ½ turn left recover weight on L (3:00)

[S2] Side-Hitch, Side-Hitch, 1/4R Shuffle Fwd, 1/4R Dip-Heel-

1 2 Step R to the side, Hitch L knee across R
3 4 Step L to the side, Hitch R knee across L
5&6 Making a ¼ turn right/shuffle forward on R-L-R (6:00)
7 8 Make a ¼ turn right stepping L to the side/dipping down (9:00), Stretching up/touch diagonally forward on R heel

[S3] -Dip-Heel, Behind, Side, Cross Rock, 1/4L Shuffle Fwd

1 2 Step R to the side/dipping down (9:00), Stretching up/touch diagonally forward on L heel
3 4 Step L behind R, Step R to the side
5 6 Rock/cross L over R, Replace weight on R
7&8 Making a ¼ turn left/shuffle forward on L-R-L (6:00)

[S4] Fwd Rock-1/2R Walk-Walk, Box 1/4R Turn

1 2 Rock forward on R, Replace weight on L
3&4 Make a ½ turn right stepping forward on R (12:00), Step forward on L
5 6 Cross R over L, Make a ¼ turn right stepping back on L (3:00)
7 8 Step R to the side, Step forward on L

-Restart here on Wall 5 (3:00)

[S5] Side Rock, Coaster Step, Step-Pivot 1/2R, Shuffle Fwd

1 2 Rock R to the side, Replace weight on L
3&4 Step back on R, Step L next to R, Step forward on R
5 6 Step forward on L, Make a ½ turn right recover weight on R (9:00)
7&8 Shuffle forward on L-R-L

-Restart here on Wall 4 (12:00)

[S6] Side Rock, Coaster Step, Charleston Step

1 2 Rock R to the side, Replace weight on L
3&4 Step back on R, Step L next to R, Step forward on R
5 6 Touch forward on L toes, Step back on L
7 8 Touch back on R toes, Touch forward on R

1st Restart: On Wall 4 count 40 facing 12:00 o'clock.

2nd Restart: On Wall 5 count 32 facing 3:00 o'clock.

Ending suggestion: The last wall starts at 9:00 o'clock. Dance up to count 8 (12:00)

(updated: 11/Apr/23)
