

God Always Help Me

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 2 級數: Advanced
編舞者: Zaza Calisthenics (INA) - 9 April 2023
音樂: Tuhan Selalu Menolongku - Clarisa Dewi



Start Dance after intro 20 counts

Restart (change step) after 20 counts: $\frac{1}{4}$ turn L Step LF forward (&) (06.00)

(1-8) MAMBO CLOSE – BACK SWEEP – WEAVE – $\frac{3}{4}$ TURN L UNWIND – WALK (R-L) – MAMBO CLOSE

- 1 – 2 & Step RF forward (1), Recover on LF (2), Close RF next to LF (&)
3 – 4 & Step LF to back with sweep RF from front to back (3), Cross RF behind LF (4), Step LF to L (&)
5 – 6 & $\frac{3}{4}$ turn L Cross touch RF over LF, wight on RF (5), Step LF forward (6), Step RF forward (&) (03.00)
7 – 8 & Step LF forward (7), Recover on RF (8), Close LF next to RF (&)

(9-16) BASIC NC – $\frac{3}{4}$ TURN R SPIRAL – $\frac{1}{2}$ TURN R DIAMOND STEP

- 1 – 2 & Step RF to R (1), Cross slightly LF behind RF (2), Recover on RF (&)
3 – 4 & $\frac{3}{4}$ turn R step LF to back (3), Step RF forward (4), Step LF to L (&) (12.00)
5 – 6 & $\frac{1}{8}$ turn R step RF to back (5), Step LF to back (6), $\frac{1}{8}$ turn R step RF to R (&) (03.00)
7 – 8 & $\frac{1}{8}$ turn R step LF forward (7), Step RF forward (8), $\frac{1}{8}$ turn R step LF to L (&) (06.00)

(17-24) $\frac{1}{8}$ TURN BACK SWEEP – WEAVE – SWEEP – WEAVE – MAMBO – ARABASQUE – CLOSE

- 1 – 2 & $\frac{1}{8}$ turn R step RF to back with sweep LF from front to back (1), Cross LF behind RF (2), $\frac{1}{8}$ turn R step RF to R (&) (09.00)
3 – 4 & Step LF forward with sweep RF from back to front (3), Cross RF over LF (4), Step LF to L (&)
*Change step on wall 5: $\frac{1}{4}$ turn L Step LF forward (&) (06.00)
5 – 6 & Step RF to back (5), Recover on LF (6), Step RF forward (&)
7 – 8 & Step LF forward and back leg up RF (7), Recover on RF (8), Close LF next to RF (&)

(25-32) $\frac{1}{2}$ TURN R – FULL TURN R – $\frac{1}{2}$ TURN L PIVOT – FULL TURN R – $\frac{3}{4}$ TURN L

- 1 – 2 & $\frac{1}{2}$ turn R step RF forward (1), $\frac{1}{2}$ turn R step LF to back (2), $\frac{1}{2}$ turn R step RF forward (&) (03.00)
3 – 4 & Step LF forward (3), Step RF forward (4), $\frac{1}{2}$ turn L step LF in place (&) (09.00)
5 – 6 & Step RF forward (5), $\frac{1}{2}$ turn R step LF to back (6), $\frac{1}{2}$ turn R step RF forward (&)
7 – 8 & Step LF forward (7), $\frac{1}{2}$ turn L step RF to back (8), $\frac{3}{4}$ turn L step LF forward (&)

Contact:

Email: muhammadmuzakirfahmi94@gmail.com

Phone: +628126622434

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