

Ale Beta Cinta

拍數: 32 牆數: 4 級數: Improver
編舞者: Atit Sri (INA) - January 2023
音樂: Ale Beta Cinta - Anak Tongkrongan Musik



Change Step and Restart On Wall 5 after 20 counts

I. Samba Whisk, Volta ½ Turn R

1a2 Step Rf to right side, Rock Lf behind Rf, Recover on Rf
3a4 Step Lf to left side, Rock Rf behind Lf, Recover on Lf
5&6& 1/8 turn R step Rf forward, step ball Lf together, 1/8 turn R step Rf forward, step ball Lf together
7&8 1/8 turn R step Rf forward, step ball Lf together, 1/8 turn R step Rf forward

II. Syncopated Cross , ¼ Turn R Diamond Step With Hitch

1&2& Cross Lf over Rf, step Rf to R, cross Lf behind Rf, step Rf to R
3&4 Cross Lf over Rf, step Rf to R, close LF next to Rf
5&6& Cross Rf over Lf, step Lf to L, 1/8 turn R step Rf back, hitch on Lf
7&8 Step Lf back, 1/8 turn R step Rf to R, step Lf forward

III. Botafogo, Mambo, Step Back, Batucadas

1a2 Cross Rf over Lf, Rock Lf to left side, Recover on Rf
3a4 Cross Lf over Rf, Rock Rf to right side, Recover on Lf
5&6 Rock Rf forward, Recover on Lf, step back on Rf
7-8 Step back on Lf and bump R hip, Step back on Rf and bump L hip

IV. Coaster Step, Pivot ½ Turn L, Full Turn, Mambo

1&2 Step Lf back, Step Rf next to Lf, Step Lf forward
3&4 Step Rf forward, ½ turn L weight on Lf, Step Rf forward
5-6 ½ turn R step Lf back, ½ turn R step Rf forward
7&8 Rock Lf forward, Recover on Rf, close Lf next to Rf

(RESTART : On Wall 5, after 20 counts and step changes Touch Rf beside Lf)