

Forget Me

拍數: 32 牆數: 4 級數: Improver
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音樂: Forget Me - Lewis Capaldi



1 tag after wall 4 for 4 counts.
1 restart in wall 6 after 16 counts ending facing 6 o'clock

Rock step to the right, behind side forward, rock step left, behind side forward.

1 RF step to the right.
2 Recover weight on LF.
3 RF cross behind LF.
& LF step to the left.
4 RF cross forward LF.
5 LF step to the left.
6 Recover weight on RF.
7 LF cross behind RF.
& RF step to the right.
8 LF cross forward RF.

Rock step forward, 4/4 triple turn over right, rock step forward, 1 ¼ turn over left.

1 RF step forward.
2 Recover weight on LF.
3 ½ turn right, RF step forward.
& LF close RF.
4 ½ turn right, RF step forward.
5 LF step forward.
6 Recover weight on RF
7 ½ turn left, LF step forward.
& RF closes LF.
8 ¾ turn left, LF step left.

Rf cross forward LF, LF left, Sailor kick, LF cross forward, step right, ½ turn left, slide left, touch.

1 RF cross forward LF.
2 LF step left.
3 RF cross behind LF.
& LF closes RF.
4 RF step right.
5 LF cross forward RF.
6 RF step right.
& ½ Turn over left.
7 LF slide to left.
8 RF touches LF.

And out and in, kick ball change, step forward, lock behind, ½ turn right, walk walk.

& RF step right.
1 LF step left.
& RF step middle.
2 LF closes RF.
3 RF kick forward.
& RF closes LF.
4 LF step forward.

- 5 RF lock behind LF.
- 6 ½ turn right.
- 7 RF step forward.
- 8 LF step forward

Tag: Tap, Tap, kick ball change.

- 1 Tapp RF down.
 - 2 Tapp RF down.
 - 3 RF kickforward.
 - & RF closes LF.
 - 4 LF step forward.
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