

I Got This

拍數: 32 牆數: 4 級數: Beginner
編舞者: Amy Christian (USA) - April 2023
音樂: I Got This - Jerrod Niemann



Intro: 16 counts. (no tags or restarts).

KICK & POINT, KICK & POINT, SAILOR STEP, ¼ SAILOR STEP,
1&2 Kick R forward, Step R next to L, Touch L out to left side,
3&4 Kick L forward, Step L next to R, Touch R out to right side,
5&6 R Sailor step,
7&8 L Sailor step with a ¼ turn left, [9:00]

KICK & HEEL & TOE & HEEL, OUT-OUT, SWIVEL IN TOE-HEEL-TOE,
1&2& Kick R forward, Step R next to L, Place L heel forward, Step L next to R,
3&4 Touch R toe next to L, Step R next to L, Place L heel forward,
&5 Step L out to left side, Step R out to right side,
6-8 Swivel R toe in, Swivel R heel in, Swivel R toe in,

BIG SLIDE, HITCH, COASTER CROSS, BIG SLIDE, HITCH, COASTER STEP,
1-2 Take a big step to the right on R, Hitch L,
3&4 L coaster step with a CROSS, (Step back on L, Step R next to L, Cross L over R,)
5-6 Take a big step to the right on R, Hitch L,
7&8 L coaster step, (Step back on L, Step R next to L, Step L forward)

ROCK FORWARD, RECOVER, ½ SHUFFLE, ½ SHUFFLE, ROCK BACK, RECOVER,
1-2 Rock R forward, Recover back on L,
3&4 Step ¼ turn right on R, Step L next to R, ¼ turn right step R forward, [3:00]
5&6 Step ¼ right on L, Step R next to L, ¼ right stepping L back, [9:00]
***(Easy option for counts 3&4 and 5&6 – Do 2 Back Shuffles (R-L-R, L-R-L,) [9:00]**
7-8 Rock back on R, Recover forward on L,

Start over!

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