

# My Flowers

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Carolyn Greenhough (AUS) - April 2023  
音樂: Flowers - Miley Cyrus



4 restarts

Intro: Slow 4 counts from start of music

## [1-8] RIGHT RUMBA SHUFFLE FORWARD, LEFT RUMBA SHUFFLE BACK

1,2,3&4      Step R to R, step L next to R, shuffle fwd RLR  
5,6,7&8      Step L to L, step R next to Left, shuffle back LRL (12.00)

## [9-16] ROCK STEP BACK ON RIGHT, REPLACE WEIGHT ONTO LEFT, PIVOT ½ LEFT, JAZZ BOX, CROSS LEFT

1,2,3,4      Rock/step back onto R, recover weight onto L, Stepping fwd onto R turn ½ Left(pivot) weight on Left  
5,6,7,8      Cross R over L, step back onto L, step R to R, cross step Left over Right (6.00)

## [17-24] BIG STEP RIGHT DRAGGING L TO R, ROCK BACK ONTO L REPLACE WEIGHT ONTO R, BIG STEP L DRAGGING R TO L, ROCK BACK ONTO R REPLACE WEIGHT ONTO L

1,2,3,4      Take a large step to Right, dragging Left into R, rock/step back onto to L recover onto R  
5,6,7,8      Take a large sstep to Left, dragging Right to Left, rock/step back onto R, recover onto L (6.00)

## [25-32] K-STEPS

1,2,3,4      Step R fwd to R diagonal, tap L next to Right, step back to L diagonal, tap R next to L  
5,6,7,8      step R back to R diagonal, tap L next to Right, step Left fwd to L diagonal, tap R next to L (6.00)

Restart 1, Wall 2, after 16 counts –facing 12.00

Restart 2, Wall 5 after 8 counts – facing 12.00

Restart 3, Wall 7 after 16 counts – facing 12.00

Restart 4, Wall 11 after 8 counts - facing 6.00

REPEAT

And ENJOY