

Don't Slow It Down (aka Shakin' Boots)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Hana Ries (USA) - April 2023
音樂: Shakin' In Them Boots - Jade Eagleson



2 Restarts

Intro 16 Counts. Both restarts are after 24 counts on walls 3 and 4.

(Read: R=right foot, L=left foot)

HEEL SWITCHES, HEEL-HOOK-HEEL, HEEL SWITCHES, HEEL, DOUBLE CLAP (12:00→12:00)

1&2& Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R
3&4& Touch R heel forward, Hook R in front of L, Touch R heel forward, Step R next L
5&6& Touch L heel forward, Step L next to R, Touch R heel forward, Step R next to L
7&8& Touch L heel forward, Clap your hands, Clap your hands, Drop L toes

ROCK/RECOVER, COASTER, PIVOT ½ TURN, PIVOT ¼ TURN (12:00→9:00)

1-2 Rock R forward, Recover to L
3&4 Step R back, Step L next to R, Step R forward
5-6 Step L forward, Turn ½ right stepping R forward [6:00]
7-8 Step L forward, Turn ¼ right stepping R to right side [9:00]

Styling: Sway your hips and make your steps big as you pivot (both times).

CROSS, ¼ TURN STEP, SAILOR-HEEL, CROSS SHUFFLE, ¼ TURN SHUFFLE FORWARD (9:00→3:00)

1-2 Cross step L over R, Turn ¼ left stepping R back
3&4& Step L behind R, Step R to right, Touch L heel on left diagonal, Step L next to R [6:00]
5&6 Cross R over L, Step L to left side, Cross R over L [6:00]
7&8 Turn ¼ left stepping L forward, Step R next to L, Step L forward [3:00]

Styling: Count 1 can be done as heel grind.

Restarts happen here; On wall 3 (facing 9:00), and wall 4 (facing 12:00)

HEEL SWITCHES, ROCK/RECOVER, STEP BACK, STOMP HITCHES 3X (3:00→3:00)

1&2& Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R
3-4 Rock R forward, Recover to L
5&6&7&8 Step R back, Hitch L, Stomp L, Hitch L, Stomp L, Hitch L, Stomp L
Styling: For the occasional "yeehaw" □, counts 5-8 can be modified as follows:
5-6 Step R back ("yee"), Hitch L
7&8 Tripple step L-R-L ("haw")

REPEAT