

I'm Gonna Try

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver NC2
編舞者: Charlotte Steele (SA) - April 2023
音樂: Today I'm Gonna Try and Change the World - Johnny Reid : (Album: A Place In The Heart)



This dance is dedicated to Colin and Steven Hall, a father and son who don't "TRY" to change the world, they "DO" so with every beat of their heart and soul.

Intro: Start on vocals. No Tags or Restarts.

S.1 Nightclub Basic L-R. ¼ Turn L, L Fwd, R Rock Fwd-Recover. Turn ½ R, L Fwd, Pivot ½ R.

1-2& Long step L to left side, rock R behind L, cross L slightly over R
3-4& Long step R to right side, rock L behind R, cross R slightly over L
5-6& Turn ¼ left (9:00) and step forward on L, rock forward on R, recover back onto L
7-8& Turn ½ right (3:00) and step forward on R, step forward on L, pivot ½ turn right (9:00)(weight to R)

S.2 Fwd-Side Rock-Recover L-R. Cross Rock-Recover-Side. Cross Rock-Recover-Pivot ½ Right.

1-2& Step forward on L, rock R to right side, recover onto L (9:00)
3-4& Step forward on R, rock L to left side, recover onto R
5-6& Cross rock L over R (bending knee), recover back onto R, step L to left side
7-8& Cross rock R over L (bending knee), recover back onto L, pivot ½ right (3:00) and step fwd on R

S.3 1/4 Turn Right, Rock Back-Recover. Scissor Steps R-L. Sway R-L-Hold.

1-2& Turn ¼ right (6:00) and step back on L, rock back on R, recover onto L (6:00)
3-4& Step R to right side, step L next to R, cross R over L
5-6& Step L to left side, step R next to L, cross L over R
7-8& Small step R to right side and sway Right-Left (end with weight on L), Hold (6:00)

S.4 R Rock Fwd-Recover-Hold. Run Back x3. L Coaster Step. Run Forward x 3.

1-2& Rock forward on R, recover back onto L, Hold
3&4 Run back stepping R-L-R (end with weight on R)
5&6 Step back on L, step R next to L, step L forward, opening arms out to the side
7&8 Run forward stepping R-L-R (with open arms, palms facing up)(weight ends on R) (6:00)

Start Again

Dance ends on wall 8 facing 12:00

This song brings forth a very simple but powerful message. I hope you find it as inspirational as I do. Happy dancing everyone!

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