

Now! I Want To Break Free

COPPER **KNOB**
BY STEPHEN

拍數: 56 牆數: 4 級數: High Beginner
編舞者: Abadi Haria (INA) - April 2023
音樂: I Want to Break Free - Die Campbells



*1x Tag after Wall 4-8c

*3x Restart On Wall 2-48c, Wall 3-52c dan Wall 6-24c

S1. CHASSE - BACK ROCK - RECOVER (R/L)

1&2. Step RF to R, Step LF next to R, Step RF to R
3-4. Rock LF back - Recover on RF
5&6. Step LF to L, Step RF next to LF. Step LF to L
7-8. Rock RF back, Recover on LF

S2. FORWARD - 1/4 R. PIVOT - TOUCH BESIDE, 1/4L. FORWARD - 1/4L. PIVOT - TOUCH BESIDE

1-4 Step RF fwd, Step LF fwd - Turn ¼R. Step RF to R, Touch LF beside RF
5-8. Turn ¼L. Step LF fwd, Step RF fwd - Turn ¼L. Step LF to L, Touch RF beside LF

S3. DIAGONAL (L/R) STEP - LOCK - FORWARD LOCK SHUFFLE

1-2. Step RF diagonal fwd R, Lock LF behind RF
3&4. Step RF diagonal fwd R, Lock LF behind RF, Step RF fwd
5-6. Step LF diagonal fwd L, Lock RF behind LF
7&8. Step LF diagonal fwd L, Lock RF behind LF, Step LF fwd

S4. ROCK DIAGONAL - RECOVER (2X), 1/2L. PIVOT, WALK FORWARD R/L

1-4 Rock RF slightly diagonal fwd R - Recover on LF (pushing the right & left shoulder alternately) (2X)
5-6. Step RF fwd - Turn ½L. Step LF fwd
7-8. Walk fwd R/L

S5. FORWARD LOCK SHUFFLE, ROCK FORWARD - RECOVER, 1/2L. FORWARD, 1/2L. BACKWARD, 1/4L. SIDE, TOUCH BESIDE

1&2. Step RF fwd, Lock LF behind RF, Step RF fwd
3-4. Rock LF fwd - Recover on RF
5-8. Turn ½L. Step LF fwd, Turn ½L. Step RF bwd, Turn ¼R. Step LF to L, Touch RF beside LF

S6. K STEP

1-4. Step RF diagonal fwd R, Touch LF beside RF, Step LF diagonal bwd L, Touch RF beside LF
5-8. Step RF diagonal bwd R, Touch LF beside RF, Step LF diagonal fwd L, Touch RF beside LF

S7. CROSS - 3/4L . 3 TIMES BOUNCHES , JAZZ BOX

1 Cross RF over LF
&2&3&4. Turn 3/4L. Start bouncing 3 Times
5-8. Cross RF over LF, Step LF back, Step RF to R, Step LF fwd

TAG 8C (After Wall 4)

FORWARD - KICK - BACK - TOUCH BESIDE, PRESS R TOE SIDE- HOLD, BODY ROLL

1-4. Step RF fwd, Kick LF fwd, Step LF back, Touch RF beside LF
5-6 Press RF toe to R with knee in towards L, hold
7-8. Body roll

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Last Update: 5 Apr 2023
