

Numa Numa Yee

拍數: 64 牆數: 2 級數: Beginner
編舞者: Arisps (INA) - April 2023
音樂: Numa Numa 2 (feat. Marley Waters) - Dan Balan



NOTE : No Tag – No Restart

SECT : 1# WEAVE (R – L)

1 – 2 cross RF over LF, step LF to side
3 – 4 cross RF behind LF, touch LF to side, next to LF
5 – 6 cross LF over RF, step RF to side
7 – 8 cross LF behind RF, touch RF to side

SECT : 2# KICK BALL CHANGE (2x) – ¼ JAZZ BOX CROSS

1 & 2 kick RF forward, close RF next to LF, step LF in place
3 & 4 kick RF forward, close RF next to LF, step LF in place
5 – 6 cross RF over LF, ¼ turn Right step LF back
7 – 8 step RF to side, step LF fwd

SECT : 3# LINDY STEPS (R – L)

1 & 2 step RF to side, close LF next to RF, step RF to side
3 – 4 rock LF back, recover on RF
5 & 6 step LF to side, close RF next to LF, step LF to side
7 – 8 rock RF back, recover on LF

SECT : 4# LOCK SHUFFLE – DIAGONALLY FWD (R – L) - STEP FORWARD - ½ PIVOT – WALK

1 & 2 step RF diagonally fwd, lock LF behind RF, step RF fwd
3 & 4 step LF diagonally fwd, lock RF behind LF, step LF fwd
5 – 6 step RF fwd, ½ turn left, step LF in place
7 – 8 step RF fwd, step LF close RF together

SECT : 5# SIDE WITH HIP SWAY (R – L) – SIDE CHASSE

1 – 2 step RF to side, with hip sway to right – hip sway to left weight on left
3 & 4 step RF to side, close LF next to RF, step RF to side
5 – 6 step LF to side, with hip sway to left – hip sway to right weight on right
7 & 8 step LF to side, close RF next to LF, step LF to side

SECT : 6# CROSS – TOUCH – SIDE (FWD) - CROSS – TOUCH – SIDE (BACK)

1 – 2 cross RF over LF, touch LF to left
3 – 4 cross LF over RF, step RF to right
5 – 6 cross RF behind over LF, touch LF to left
7 – 8 cross LF behind over RF, touch RF to right

SECT : 7# ¼ PIVOT – CROSS SHUFFLE – SIDE – CROSS SHUFFLE

1 – 2 step RF forward, ¼ turn left, change weight to LF
3 – 4 cross RF over LF, step LF to side, cross RF over LF
5 – 6 step LF to side, recover on RF
7 – 8 cross LF over RF, step RF to side, cross LF over RF

SECT : 8# V STEPS – JAZZ BOX

1 – 2 step RF diagonally forward, step LF diagonally forward
3 – 4 Step RF back to center, close LF next to RF

5 – 6 cross RF over LF, step LF back
7 – 8 step RF to side, close LF next to RF

Last Update: 3 Apr 2023
