

# Everything at Once

拍數: 56      牆數: 2      級數: Improver  
編舞者: Iris Wolff (DE) - March 2023  
音樂: Everything at Once (feat. Jeff Tweedy) - Rodney Crowell & Jeff Tweedy



Start the dance after 32 counts on lyrics.

## S1: POINT, STEP FWD, POINT, STEP FWD, ROCK STEP, BACK, KICK

1-2            RF point to right side, RF forward  
3-4            LF point to left side, LF forward  
5-8            RF forward, weight back on LF, RF back, kick LF forward

## S2: SIDE, TOUCH, SIDE ROCK, LONG STEP TO R SIDE, CROSS LF BEHIND, ½ L UNWIND

1-2            LF to left side, touch RF next to LF  
3-4            RF to right side, weight back on LF  
5-6            RF big step to right side, slide LF next to right  
7-8            Cross LF behind RF, turn ½ left on both balls (weight left, 6:00)

## S3: POINT, STEP FWD, POINT, STEP FWD, ROCK STEP, BACK, KICK

1-2            RF point to right side, RF forward  
3-4            LF point to left side, LF forward (\*2nd Restart, wall 6)  
5-8            RF forward, weight back on LF, RF back, kick LF forward

## S4: SIDE, TOUCH, SIDE ROCK, LONG STEP TO R SIDE, CROSS LF BEHIND, ½ L UNWIND

1-2            LF to left side, touch RF next to LF  
3-4            RF to right side, weight back on LF  
5-6            RF big step to right side, slide LF next to right  
7-8            Cross LF behind RF, turn ½ left on both balls (weight left, 12:00)

## S5: SIDE, BEHIND, SIDE ROCK, CROSS, STEP ¼ TURN R BACK, BACK ROCK

1-4            RF to right side, cross LF behind RF, RF to right side, weight back on LF (\*1st Restart, wall 4)  
5-6            Cross RF over LF, turn LF ¼ to right back (3:00)  
7-8            RF back, weight back on LF

## S6: WEAVE, CROSS ROCK, ¼ TURN SHUFFLE R

1-4            Cross RF over LF, LF to left side, cross RF behind LF, LF to left side  
5-6            Cross RF over LF, weight back on LF  
7&8            Turn RF ¼ to right, LF next to RF, step RF forward (6:00)

## S7: WALK, WALK, SHUFFLE, HEEL SWITCHES, LF STOMP TOGETHER

1-2            LF forward, RF forward  
3&4            LF forward, RF next to LF, LF forward  
5&            Touch right heel forward, RF next to LF  
6&            Touch left heel forward, LF next to RF  
7&8            Touch right heel forward, RF next to LF, LF stomp together

\* 1st Restart in wall 4 after 36 counts (6:00) cancel here and start from the beginning.

\* 2nd Restart in wall 6 after 20 counts (6:00) cancel here and start from the beginning.

TAG: After wall 7 (12:00) dancing as follows:  
ROCKING CHAIR

1-4 RF forward, weight back on LF, RF back, weight back on LF

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