7.8 Billion And Counting

級數: Improver

編舞者: Daniel Exton (UK) - March 2023

音樂: Absolutely Everybody - Vanessa Amorosi

Intro: 32 Counts. Start at approx 15 secs.

拍數: 32

SEC 1 CROSS ROCK, RECOVER, MAMBO IN PLACE X2

- 1-2 Cross Rock Left over Right, Recover onto Right
- 3&4 Mambo in Place Left-Right-Left
- 5-6 Cross Rock Right over Left, Recover onto Left
- 7&8 Mambo in Place Right-Left-Right

SEC 2 WEAVE, CROSS ROCK, RECOVER, SHUFFLE 1/4 TURN

- 1-2 Cross Left over Right, Right to Right side
- 3-4 Left behind Right, Right to Right side
- 5-6 Cross Rock Left over Right, Recover onto Right
- Left foot forward with 1/4 turn Left, Right foot behind Left, Left foot forward (9:00) 7&8

SEC 3 FULL TURN, MAMBO STEP, BACK X2, COASTER CROSS

1/2 Turn Left with Right foot back, 1/2 Turn Left with Left foot Forward (9:00) 1-2

Option Walk forward Right, Left

- Right foot forward, Recover on Left, Right foot back 3&4
- 5-6 Walk back Left, Right
- 7&8 Left foot back, Right foot back, Left cross over Right

SEC 4 DOROTHY X2, WALK ROUND FULL TURN ROCK

- Right to Right diagonal, Left foot behind Right, Right to Right 1-2&
- 3-4& Left to Left diagonal, Right foot behind Left, Left to Left side
- 5-6 ¹/₄ Turn Right with Right foot forward, ¹/₄ Turn Right with Left foot forward (3:00)
- 7-8& ¹/₄ Turn Right with Right foot forward, ¹/₄ Turn with a Rock to the Left, Recover on Right (9:00)





牆數: 4