No Body But Yours (Social Dance)

級數: Beginner

編舞者: Lynn Funk (USA) - March 2023

音樂: No Body - Blake Shelton

Dance starts on vocals about 16 counts from start of music.

Toe Tap, Back Heel, Rock/Recover, Right Shuffle Fwd (RLR)

- 1-4 Step RF Forward, Tap L Toe Behind RF, Step Back on LF, Tap R Heel Forward
- 5-6 Rock Back on RF, Recover on LF,
- 7&8 Shuffle Forward (RLR)

拍數: 16

Side Switches, Left Heel Hook, Left Shuffle Forward (LRL), Pivot Left 1/4, Stomp LF

- 1&2& Point L Toe to Left, Return LF Next to RF, Point R Toe to Right, Return RF Next to LF
- 3-4 Tap L Heel Fwd, Hook LF over RF
- 5&6 Shuffle Forward (LRL)
- 7-8 Step RF Forward, Pivot 1/4 Stomp LF (or Step LF) (9:00)

Restart Dance. No Tags No Restarts.

This dance with this song was created by request from my dancing friends Mike and Barb S. It needed to be a very easy social dance, with no tags, no restarts. Enjoy! Thank you J Nichols for recommending the song "God Bless Texas" by Little Texans for this dance.

Contact: Lynn Funk - slfaz441@gmail.com

Last Update: 26 Apr 2023





牆數:4