

Sobredosis

拍數: 32 牆數: 2 級數: Beginner
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音樂: Sobredosis (feat. Ozuna) - Romeo Santos



Intro: 32 counts

[1-8] ROCKING CHAIR & POINT x2

- 1-2 Rock RF fwd and return the weight on LF
- 3-4 Rock RF bwd and point LF forward
- 5-6 Rock LF fwd and return the weight on RF
- 7-8 Rock LF bwd and point RF forward

[9-16] 1/2 TURN RIGHT, POINT, WALK x3, POINT

- 1-4 RF Step fwd, LF 1/2 Turn R Step bwd, and point with LF fwd
- 5-8 Walk fwd with LF, RF, LF, and point with RF

[17-24] BASIC BACHATA x2

- 1-4 RF Step To R Side, LF Close Near RF, RF Step To R Side, LF Touch Beside RF
- 5-8 LF Step To L , RF Close Near LF, LF Step To L Side, RF Touch Beside LF

[25-32] FULL TURN, BODY ROLL

- 1-4 Step RF to With 1/4 turn to the R, 1/2 turn to R, and 1/4 turn to R stepping RF to R and touch LF together RF
- 5-8 LF Rock fwd start body roll, RF recover finish body roll

Last Update: 1 Apr 2023