

Sparrow

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Colleen Archer (AUS) - March 2023
音樂: Sparrow (From "American Song Contest") - Jordan Smith



For Betty

Intro: 16 counts SP: Weight on L BPM: 76
Version: 1 Rotation: ¼ CW "For Betty"

Across, Touch, Behind, Side, Across, Scissor, Turn ¼ & Back, Turn ¼ & Side

1, 2 Step R across L, Touch L toe to left side
3 & 4 Step L behind R, Step R to right side, Step L across R
& 5, 6 Step R to right side, Step L beside R, Step R across L
7, 8 Turn ¼ right & and step L back, Turn ¼ right and step R to right side (6)

Lock Shuffle, Mambo, Step L beside R, Rock Back, Recover Turn ½, Step R beside L, Rock Back, Recover

1 & 2 Step L forward, Lock R behind L heel, Step L forward
3 & 4 Rock step R forward, Recover L, Step R back
& 5, 6 # Step L beside R, Rock step R back, Recover L
& 7, 8 ** Turn ½ left and step R beside L, Rock step L back, Recover R (12)

L X-Samba, R X-Samba, Rock Forward, Recover, Turn ½ & Forward Step R beside L, ¼ Paddle

1 & 2 Step L across R, Rock step R to right side, Recover L
3 & 4 Step R across L, Rock step L to left side, Recover R
5 & 6 Rock step L forward, Recover R, Turn ½ and left step L forward
& 7, 8 Step R beside L, Step L forward, Turn ¼ right taking weight onto R (9)

Cross Shuffle, Turn ¼ & Forward, ½ Pivot, Turn ¼ & Side Shuffle Behind, Turn ¼ & Forward, ¼ Paddle

1 & 2 Step L across R, Step R to right side, Step L across R
3 Turn ¼ right and step R forward (12)
& 4 Step L forward, Turn ½ right taking weight onto R (6)
5 & 6 Turn ¼ right and step L to left side, Step R beside L, Step L to left side (9)
7 & Step R behind L, Turn ¼ left and step L forward (6)
8 & * Step R forward, Turn ¼ left taking weight onto L (Finish is ½ turn left) (3)

(32) Begin dance again.....

Across, Touch, Across, Touch, ½ Pivot, ½ Pivot

Tag 1 * Wall 1...Add tag at end of dance and begin Wall 2 at 3 o'clock.

1 - 4 Step R across L, Touch L to left side, Step L across R, Touch R to right side
5 - 8 Step R forward, Turn ½ left taking weight onto L - Repeat counts 5, 6 (3)

Restart ** Wall 6...(starts at 3 o'clock) Dance first 16 counts, add Tag 2... begin Wall 7 at 3 o'clock

& Tag 2: Hips L R L, Touch
1 - 4 Small step L to left side and sway hips L R L, Touch R slightly to right side (3)

Finish: # Wall 8 (starts at 6 o'clock) Dance first 13 counts...(Rock step R back facing 12 o'clock)

PAUSE for 4 counts and continue dance stepping L across on the word "Sparrow".

Continue to count 32 and change "&" count to ½ turn left, Step R forward, Drag L (12)

Note: Music is slightly faster after the pause.

Dance may be copied and distributed provided original steps remain unchanged.

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