

Rahmatan

拍數: 56 牆數: 1 級數: Phrased Intermediate
編舞者: Bambang Satiyawan (INA) - March 2023
音樂: Rahmatun Lil'Alameen - Maher Zain



DANCE SECTION: A-B-A- A-B-A-B-C-C-A-A-B

Start dance on vocal,

PART A.

I. SYNCOPATED WEAWE-SIDEVROCK RECOVER-BEHIN-SIDE-CROSS

- 1 - 2 Cross RF over LF, Step LF to side
- 3&4 Cross RF behind LF, Step LF to side, Cross RF over LF
- 5 - 6 Rock LF to side, Recover on RF
- 7&8 Cross LF behind RF, Step RF to side, Cross LF over RF

II. DIAGONAL ROCK RECOVER-BEHIND-SIDE- CROSS-DIAGONAL ROCK RECOVER-BACK-TURN AND FORWARD-FORWARD

- 1 - 2 Rock RF diagonal forward, Recover on LF (facing diagonal)
- 3&4 Cross RF slightly behind LF, Step LF to side (squaring to 12.00), Cross RF over LF
- 5 - 6 Rock LF diagonal forward, Recover on RF (facing diagonal)
- 7&8 Step LF back, Turn 1/2 right Step RF forward, Step LF forward

III. DIAGONAL LOCK STEP-DIAGONAL LOCK SHUFFLE-FORWARD ROCK RECOVER- CHASSE TURN

- 1 - 2 Step RF diagonal forward, Lock LF behind RF
- 3&4 Step RF diagonal forward, Lock LF behind RF, Step RF forward
- 5 - 6 Squaring 1/8 left Rock LF forward, Recover on RF
- 7&8 Turn 1/4 left Step LF to side, Close RF beside LF, Step LF to side

IV. FORWARD-SWEEP-CROSS-SIDE-BACK AND SWEEP-BEHIND-TURN AND FORWARD-TRAVELING TURN

- 1 - 2 Step RF forward, Sweep LF forward
- 3&4 Cross LF over RF, Step RF to side, Step LF back and Sweep
- 5 - 6 Cross RF behind LF, Turn 1/4 left Step LF forward
- 7 - 8 Turn 1/2 left Step RF back, Turn 1/4 left Step LF to side

PART B.

BASIC NIGHT CLUB (R-L)- TURN AND FORWARD AND SWEEP-CROSS-SIDE- BACK AND SWEEP-BEHIND-TURN AND FORWARD

- 1 -2& Step RF to side, Close LF slightly behind RF, Cross RF over LF
- 3 -4& Step LF to side, Close RF slightly behind LF, Cross LF over RF
- 5 -6& Turn 1/4 right Step RF forward and Sweep LF forward, Cross LF over RF, Step RF to side
- 7 -8& Step LF back and Sweep RF back, Cross RF behind LF, Turn 1/4 left Step LF forward

PART C.

I. FULL DIAMOND

- 1 -2& Step RF to side, Turn 1/8 left Step LF back, Step RF back
- 3 -4& Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward, Step LF forward
- 5 -6& Turn 1/8 left Step RF to side, Turn 1/8 left Step LF back, Step RF back
- 7 -8& Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward, Step LF forward

II. BASIC NIGHT CLUB-TURN AND FORWARD-TRAVELING TURN-FORWARD AND SWEEP-CROSS-SIDE-BACK AND SWEEP AND TURN-BEHIND-CLOSE/SIDE

- 1 -2& Turn 1/8 left Step RF to side, Close LF slightly behind RF, Cross RF over LF

3 -4& Turn 1/4 left Step LF forward, Turn 1/2 left Step RF back, Turn 1/2 left Step LF forward
5 -6& Step RF forward and Sweep LF forward, Cross LF over RF, Step RF to side
7 -8& Step LF back and Sweep RF back by turning 1/4 right, Cross RF behind LF, Step LF to side
(or close)

Enjoy the dance,

Contact person: bambang.1709@gmail.com
