Get On The Floor Again



拍數: 40 **牆數:** 2 **級數:** Improver

編舞者: Shirley Bang (MY) & Penny Tan (MY) - April 2023





Dance start from vocals

*No tag / 1 restart

Restart:On Wall 4 dance 32 counts and restart ,facing 12:00

SEC1:BOTAFOGO RL, BACK BOTAFOGO RL

1a2	Cross RF over LF , rock LF to L , recover on RF
3a4	Cross LF over RF, rock RF to R, recover on LF
5a6	Cross RF behind LF , rock LF to L, recover on RF
7a8	Cross LF behind RF, rock RF to R, recover on LF

SEC2:STATIONARY SAMBA WALK, 1/4 TURN L SAMBA WHISK

1a2	Step RF beside LF, rock back on LF, recover on RF
3a4	Step LF beside RF, rock back on RF, recover on LF

5a6 ¼ turn L, step RF to R, rock LF behind RF, recover on RF (9:00)

7a8 Step LF to L, rock RF behind LF, recover on LF

SEC3:FWD MAMBO, ¼ L TURN FWD SHUFFLE, ¼ R TURN FWD MAMBO, ¼ L TURN FWD SHUFFLE

1a2 Rock RF fwd, recover on LF, step RF beside LF (optional:push hips back while step together)

3a4 ¼ turn L, fwd shuffle L-R-L

5a6 ¼ turn R, Rock RF fwd, recover on LF, step RF beside LF (optional:push hips back while

step together)

7a8 ½ turn L, fwd shuffle L-R-L (facing 6:00)

SEC4:FWD MAMBO, HITCH, COASTER STEP, MAMBO RL

1a2a	Rock RF fwd, recover on LF, step RF back, hitch LF
3a4	Step LF back, step RF beside LF, step LF fwd
5a6	Rock RF to R, recover on LF, step RF beside LF
7a8	Rock LF to L, recover on RF, step LF beside RF

SEC5:MODIFIED V STEP, SAILOR STEPS RL

a1-2	Step RF diagonally fwd(a), step LF diagonally fwd (1), hold (2)
a3-4	Step RF back to center (a), step LF beside RF(3), hold (4)

5a6 Cross RF behind LF,step LF to L ,step RF on R7a8 Cross LF behind RF,step RF to R ,step LF on L

Have Fun! Happy dancing!

Contacts:

pennytanml@hotmail.com shirleybsl@hotmail.com