

I Can Love Me Better

COPPERKNOB
STEPPERS

拍數: 32

牆數: 4

級數: Intermediate / Advanced - Cuban Motion

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音樂: Flowers - Miley Cyrus



Sequence: 32, 12; Mini-Tag, 32, 24, Tag, 32, 12, Mini-Tag, 32, 24, Tag, Tag, 12, Mini-Tag, 32, 32, Tag, Tag

[1-8] Side, Rock Back, Chassé, Cross, 1/8 Back, Back Lock Step

1-3 Step L to L side (1), Step R back (2) Recover on L (3)
4&5 Step R to R side (4), Step L next to R (&), Step R to R side (5)
6-7 Cross L over R (6), 1/8 Turn L step back R (7)
8&1 Step L back (8), Lock R in front of L (&), Step L back (1)

[9-16] Back, Together, Step Lock Step, Cross, Full Spiral Turn R, Sweep, Sailor Step

2-3 Step R back (2), Step L next to R (3)
4&5 Step R forward (4), Lock L behind R (&), Step R forward (5)
* In wall 2,6&9: add here MINI-TAG before RESTART
6-7 Cross L over R (6), Full turn spiral R on L & end with sweep R back (7)
8&1 1/8 R Step R behind L (8), Step L next to R (&), Step R to R side (1)

[17-24] Hold, Ball Step 2x, Cross Rock Step, Chassé ¼ Turn L

2&3 Hold (2), Step on ball of L next to R (&), Step R to R side (3)
4&5 Hold (4), Step on ball of L next to R (&), Step R to R side (5)
6-7 Cross rock L over R (6), Recover on R (7)
8&1 Step L to L side (8), Step R next to L (&), ¼ turn L stepping L forward (1)

+ TAG in wall 4 (16 counts)

*& in wall 8 (2x→ 32 counts)

*1st TAG starts and ends at 3 o'clock /2nd TAG starts and ends at 6 o'clock

[25-32] Point R, ¼ turn L flicking R, Cuban break 2x, Hold, Ball Step

2-3 Point R forward (2), ¼ turn L flicking R
4&5 Cross R over L (4), Recover on L (&), Step R to R side (5)
6&7 Cross L over R (6), Recover on R (&), Step L to L side (7)
8&1 Hold (8), Step on Ball of R (&), Step L to L side (1)

MINI-TAG: Step turn, Chassé (including the first step of restart)

6-7 Step L forward (6), Turn 5/8 R stepping R forward
8& (1) Step L to L side (8), Step R next to R (&), (Step L to L side (1))

TAG: Rock step, ½ turn R, Triple Full turn, Step turn, Step Lock Step

2-3 Step R forward (2), Recover on L (3)
4&5 ½ turn R stepping R forward (4), ½ turn R stepping L next to R (&), ½ turn R stepping R forward (5)
6-7 Step L forward (6), ½ turn R stepping L forward (7)
8&1 Step L forward (8), Lock R behind L (6), Step L forward (1)

Rock Step, Sailor Step, Cross Rock, Chassé L (INCLUDING THE FIRST STEP OF RESTART)

2-3 Step R forward (2), Recover on L (3)
4&5 Step R behind L (8), Step L next to R (&), Step R to R side (1)
6-7 Cross L over R (6), Recover on R (7)
8&1 Step L to L side (8), Step R next to L (&), (Step L to L side (1))

