

# In Another Life

拍數: 120      牆數: 4      級數: Phrased Improver  
編舞者: Katja Schreurs (NL) - March 2023  
音樂: In Another Life - Lee Isaacs



Sequence : A, B(32TagRestart), A, B, A(40restart), A(40restart), B, B  
Intro : 8 counts (after piano piece)

## Part A: 56 counts

### SEC 1: Chasse R, Rock Behind, Chasse L, Cross Rock

1&2,3,4      Step R side, Step L beside R, Step R side, Rock L back, Recover R  
5&6,7,8      Step L side, Step R beside L, Step L side, Rock R over L, Recover L

### SEC 2: Sailor ¼ R, Dorothy L, Dorothy R, Rock Forward L

1&2,3,4&      Step R behind L, Step L beside R turning ¼ R, Step R side, Step L diagonally forward, Lock  
R behind L, Step L forward  
5,6&7,8      Step R diagonally forward, Lock L behind R, Step R forward Rock L fw, Recover R

### SEC 3: Coaster Step, Paddle ¼ Turn L, Paddle ¼ Turn L, Kickball Step R

1&2,3,4      Step L back, Step R beside L, Step L fw, Step R fw with a ¼ Turn L  
5,6,7&8      Step R fw with a ¼ Turn L, Kick R forward, Step R beside L, Step L forward

### SEC 4: Cross Rock R, Chassé R, Cross Rock L, Chassé L

1,2,3&4      Cross R over L, Recover on L, step R side, step L beside R, Step R  
5,6,7&8      Cross L over R, Recover on R, step L side, step R beside L, step L

### SEC 5: Heel Grind ¼ R, Coaster Step R, Kick L Forward, Kick L Side, Coaster step L

1,2,3&4      Step R heel fw with a ¼ turn R, back on L, step R back, step L beside R, step R fw  
5,6,7&8&6      Kick L forward, Kick L side, Step L back, Step R beside L, Step L forward

Restart Here (after 3th A begin with A,) (After 4th A begin with B)

### SEC 6: Jazz Box, Rock Forward R, Triple ½ Turn R

1,2,3,4      Step R over L, Step L back, Step R beside L, Step L forward  
5,6,7&8      Rock R fw, Recover on L, Step ¼ turn R side, Step L beside R, Step ¼ turn R forward

### SEC 7: Rock L Forward, Coaster Step L, Rock R Forward, Coaster step R

1,2,3&4      Rock L forward, Recover on R, Step L back, Step R beside L, step L forward  
5,6,7&8      Step R forward, Recover on L, Step R back, Step L beside R, Step R forward

## Part B : 64 counts

### SEC 1: Walk LR Shuffle L and Walk RL Shuffle R in a Full Turn Left

1,2,3&4      Step L forward, Step R with ¼ turn L forward, Step L with ¼ turn L forward, Step R beside L,  
Step L forward  
5,6,7&8      Step R forward, Step L with ¼ turn L forward, Step R with ¼ turn L forward, Step L beside R,  
Step R forward

### SEC 2: L Heel, R Toe, L Heel Hook Heel, Ball Step, Step, Kick Ball Step R

1&2&3&4&      touch L heel forward, step L beside R, touch R toe behind L, Step R back, touch L heel  
forward, hook L over R, touch L heel forward,  
5,6,7&8      Step L beside R, step R forward, Step L forward, Kick R forward, Step R beside L, step L  
forward

### SEC 3: ¼ Monterey Turn R, ¼ Monterey Turn R

1,2,3,4,      touch R toe R side, step R beside L with ¼ turn R, touch L toe L side, step L beside R

5,6,7,8 touch R toe R side, step R beside L with  $\frac{1}{4}$  turn R, touch L toe L side, step L beside R

**SEC 4: Step R side, Behind, Chassé  $\frac{1}{4}$  turn R, Step  $\frac{1}{2}$  Pivot R, Kick Ball Change L**

1,2,3&4 Step R to R side, Cross L behind R, Step R to R side, Step L beside R, step R forward with  $\frac{1}{4}$  turn R

5,6,7&8 Step L forward, turn  $\frac{1}{2}$  R putting weight on R foot, Kick L forward, step L beside R, Step R beside L

**Tag Here (4 counts: Step R Pivot  $\frac{1}{2}$ , Step R Pivot  $\frac{1}{2}$ , Restart with A)**

**SEC 5: Walk LR Shuffle L and Walk RL Schuffle R in a Full Turn Left**

1,2,3&4 Step L forward, Step R with  $\frac{1}{4}$  turn L forward, Step L with  $\frac{1}{4}$  turn L forward, Step R beside L, Step L forward

5,6,7&8 Step R forward, Step L with  $\frac{1}{4}$  turn L forward, Step R with  $\frac{1}{4}$  turn L forward, Step L beside R, Step R forward

**SEC 6: L Heel, R Toe, L Heel Hook Heel, Ball Step, Step, Kick Ball Step R**

1&2&3&4& touch L heel forward, step L beside R, touch R toe behind L, Step R back, touch L heel forward, hook L over R, touch L heel forward,

5,6,7&8 Step L beside R, step R forward, Step L forward, Kick R forward, Step R beside L, step L forward

**SEC 7:  $\frac{1}{4}$  Monterey Turn R,  $\frac{1}{4}$  Monterey Turn R**

1,2,3,4, touch R toe R side, step R beside L with  $\frac{1}{4}$  turn R, touch L toe L side, step L beside R

5,6,7,8 touch R toe R side, step R beside L with  $\frac{1}{4}$  turn R, touch L toe L side, step L beside R

**SEC 8: Step R side, Behind, Chassé  $\frac{1}{4}$  turn R, Step  $\frac{1}{2}$  Pivot R, Kick Ball Change L**

1,2,3&4 Step R to R side, Cross L behind R, Step R to R side, Step L beside R, step R forward with  $\frac{1}{4}$  turn R

5,6,7&8 Step L forward, turn  $\frac{1}{2}$  R putting weight on R foot, Kick L forward, step L beside R, Step R beside L

**Tag 4 counts Pivot  $\frac{1}{2}$ , Pivot  $\frac{1}{2}$ .**

**End With the Monterey Turn Part B.**

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