

Ayong Abang Menari

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Iwan Irawan Lubis (INA) - September 2022
音樂: LAGU DAYAK TERBARU - AYONG ABANG MENARI - Rara & Lidia



Sequence : B-A-B-A-A-B-A-B-A-A
No Tag No Restart

SEQUENCE A (32 COUNT)

S 1. (RIGHT & LEFT) TOUCH FORWARD HIPBUMP , ROCKING CHAIR (12.00)

1&2 Touch R forward and Hip up , Hip Down , Step R in place and Hip up
3&4 Touch L forward and Hip up , Hip down , Step L in place and Hip Up
5-6 Step R forward – Recover on L
7-8 Step R backward – Recovet on L

S 2. SIDE , RECOVER , BEHIND , SIDE , CROSS , SIDE , ¼ TURN R , ¼ TURN R , ½ TURN R (12.00)

1-2 Step R to side right – Recover on L
3&4 Step R behind L – Step L to L – Cross R over L
5-6 Step L to side L - ¼ turn right Step R forward (03.00)
7-8 ½ turn right Step L back (09.00) - ¼ turn right Step R to side R (12.00))

S 3. CROSS , ¼ TURN LEFT COASTER STEP , (RIGHT – LEFT) SAMBA WHIST (09.00)

1-2 Step L over R - ¼ turn left Step R back (09.00)
3&4 Step L back – Step R beside L – Step L forward
5a6 Step R to side R – Step L behind R – Step R in place R
7a8 Step L ti side L – Step R behind L – Step L in place L

S 4. (RIGHT – LEFT) STEP FORWARD DIAGONAL , FORWARD , RECOVER , ½ TURN RIGHT, FORWARD (03.00)

1&2 Step R forward diagonal – Step L behind R – Step R forward diagonal
3&4 Step L forward diagonal – Step R behind L – Step L forward diagonal
5-6 Step R forward – Step L on L
7-8 ½ turn right R forward – Step L forward (03.00)

SEQUENCE B (16 COUNT)

S 1. FORWARD & BACK MAMBO – RIGHT & LEFT SIDE MAMBO (12.00)

1&2 Step rock R forward , Recover on L , Step R close to L
3&4 Step rock L backrock , Recover on R , Step L close to R
5&6 Step rock R to side , Recover on L , Step R close to L
7&8 Step rock L to side , Recover on R , Step L close to R

S2. (RIGHT & LEFT) TOUCH FORWARD , TOUCH SIDE , COASTER STEP (12.00)

1-2 Touch R forward , Touch R to side R
3&4 Step R backward , Step L close to R , Step R forward
5-6 Touch L forward , Touch L to side L
7&8 Step L backward , Step R close to L , Step L forward

HAVE FUN AND HAPPY DANCING ..