Get Ready Black Betty

級數: Beginner

編舞者: Cassie Topliss (UK) - March 2023

音樂: Get Ready (feat. Blake Shelton) - Pitbull

牆數:2

Intro: 32 counts.	
Touch Right foot to the side, forward, side, flick behind, grapevine to the right.	
1-2	Touch Right foot to the right side, touch Right foot forward-slightly across the Left foot.
3-4	Touch Right foot to the right side, flick the Right foot behind the Left leg.
5-6	Step to the right on the Right foot, cross-step Left foot behind the Right.
7-8	Step to the right on the Right foot, place Left foot beside the Right.
Touch Left foot to the side, forward, side, flick behind, side shuffle to the left, rock back.	
1-2	Touch Left foot to the left side, touch Left foot forward-slightly across the Right foot.
3-4	Touch Left foot to the left side, flick the Left foot behind the Right leg.
5&6	Step to the left on Left foot, step on the Right foot beside the Left, step to the Left side on the Left foot.
7-8	Rock back on the Right foot, recover weight on Left foot.
Side shuffle to the right, rock back, kick ball change, shuffle ½ turn.	
1&2	Step to right on Right foot, step on Left foot beside the Right, step to right side on Right foot.
3-4	Rock back on Left foot, recover weight on the Right foot.
5&6	Kick Left foot forward, step down on Left foot beside Right, step forward on Right foot.
7&8	Shuffle back on Left-Right-Left making ½ turn over the Left shoulder.
Sweep Right foot back slowly, sweep Left foot back slowly, rock back, walk forward 2 steps.	
1-2	Sweep Right foot from front to back, step back on the Right foot.
3-4	Sweep Left foot from front to back, step back on the Left foot.
5-6	Rock back on Right foot, recover weight on Left foot.
7_8	Step forward on the Right foot, step forward on the Left foot

7-8 Step forward on the Right foot, step forward on the Left foot.

Add some extra flair to the dance with claps on the 2 walks forward at the end! Hope you enjoy!

Last Update - 26 Mar. 2023 - R1





拍數: 32