

Rungkat

拍數: 32 牆數: 4 級數: Beginner
編舞者: Indah Parahita (INA) - March 2023
音樂: Rungkad (Versi Salma Indonesia Idol) - Happy Asmara



SECTION 1 WEAVE. TOUCH,WEAVE, TOUCH

1.2.3.4. CROSS RF over LF ,Step LF to L. Cross RF BEhind LF, touch LF side L
5,6,7,8 Cross LF over RF , Step RF to R , Cross LF behind RF, touch RF side R

SECTION 2. OUT OUT IN IN, WALK R,L, TURN ½ R. FORWARD L

1,2,3,4 Step RF to R diagonal Forward Step LF to L diagonal Forward, step FR BACK TO center ,
Step LF beside RF
5,6 Step RF forward step LF forward
7,8 ½ turn R weight on RF, step LF forward

SECTION 3. K STEP

1 ,2,3 ,4 Step RF to diagonal forward, touch LF beside RF, step LF to diagonal back,touch RF beside
LF
5,6,7,8 Step RF to diagonal back ,touch Lf beside RF. Step LF to diagonal forward touch RF beside
LF

SECTION 4 ¼ TURN JAZZ BOX HEEL DIGS

1,2,3,4 Cross RF over LF,1/4 turn L step back on LF step RF to right side, step LF Forward
5,6,7 8 Step RF back, touch L Hell forward,step LF in place, touch RF beside LF

TAG: on wall 3 after 12 count by doing PIVOT ½ Twice and then hip bumb (4 count)

1,2 Step RF Forward ,1/2 turn L. Weight on LF
3,4 Step RF forward, ½ turn L, weight on LF
5.6 Push R Hip to R-L-R
7,8 Push L Hip to L-R-L

TAG / Restart: ON Wall 5 by doing HIP BUMB (4 count)

1,2, Push R Hip To R-L-R
3,4 Push L Hip To L -R-L

Tag: on wall 8 after 12 count by doing PIVOT ½ twice. HIP bumb R L

1,2 Step RF Forward, ½ turn L. Weight on LF
3.4 Step RF Forward, ½ turn L weight on LF
5,6 Push R hip to R-L-R
7.8 Push L hip To L- R-L

Have Fun

Last Update: 7 Apr 2023