My First My Last My Everything

拍數: 32 **牆數:** 2 **級數:** High Beginner
編舞者: Patricia Koning (CAN) & John Koning (CAN) - March 2023
音樂: You're My First, My Last, My Everything - Michael Bublé : (Album: Higher)

#16 count intro

[1-8] OUT, IN, STEP TOUCHES, RIGHT & LEFT

1,2,3,4	Touch right toe out and in, step right, touch left beside right
5,6,7,8	Touch left toe out and in, step left, touch right beside left

[9-16] RIGHT & LEFT HEEL TOUCHES, LOCK STEP WITH A SCUFF

1,2,3,4	Touch right heel forward, take weight, touch left heel forward, take weight
5,6,7,8	Step right forward, left behind, step right forward, scuff left

[17-24] LEFT & RIGHT SIDE LOCK STEPS WITH KNEE BENDS & ARM SWINGS

1,2,3,4	Sweep or scuff left around to face the right side wall, step right behind, step left
5,6,7,8	Sweep or scuff right around to face the left side wall, step left behind, step right and straighten again

[25-32] ROCKING CHAIR, ½ TURN, STEP, TOUCH

1,2,3,4	Rock forward and back left, right, left, right
5,6,7,8	Step forward on left, pivoting ½ right, forward with left, touch right beside left

**TWO TAGS K-STEP (with optional claps on the touches)

1,2,3,4	Step right forward diagonally, touch left beside right, return weight to left
5,6,7,8	Step right back diagonally, touch left beside right, return weight to left, touch R

PLEASE NOTE: During the 56 count instrumental we need to drop 8 counts to let the dance line up with the song again. The best way is to drop the two side lock steps (counts 17 to 24) and jump right to the rocking chair with ½ turn and then start the dance again as usual.

We hope you love this classic remake as much as we do!

John and Pat

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