

MW Mambo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Andrés de la Rubia Albertí (ES) - March 2023
音樂: Mama Wanna Mambo (feat. Natti Natasha & Arturo Sandoval) - Meghan Trainor



[1-8] Mambo R, Mambo side back L, Mambo side back R, Cross Shuffle L

1&2 Rf to the right, return weight Lf, Rf next Lf
3&4 Lf behind Rf, return weight Rf, Lf to the left
5&6 Rf behind Lf, return weight Lf, Rf to the right
7&8 Cross Lf over Rf, Rf small step to the right, Cross Lf over Rf

[9-16] Mambo R foward, Mambo L back, Mambo side back R, Mambo L back ¼ turn left

9&10 Rf foward, return weight Lf, Rf next Lf
11&12 Lf back, return weight Rf, Lf next Rf
13&14 Rf behind Lf, return weight Lf, Rf to the right
15&16 Lf back ¼ turn left, return weight Rf, Lf next Rf (Restart 2 wall)

[17-24] Shuffle foward, (R&L), Suzie Q R&L

17&18 Rf diagonal right foward, Lf next Rf, Rf diagonal right foward
19&20 Lf diagonal left foward, Rf next Lf, Lf diagonal left foward
21&22 Cross Rf over Lf, Lf to the left, cross Rf over Lf
&22&23 Point Lf to the left, Cross Lf over Rf, Rf to the right, Cross Lf over Rf

[25-32] Chasse ¼ turn left (x4)

25&26 Rf 1/8 turn left, Lf next Rf, Rf 1/8 turn left
27&28 Lf 1/8 turn left, Rf next Lf, Lf 1/8 turn left
29&30 Rf 1/8 turn left, Lf next Rf, Rf 1/8 turn left
31&32 Lf 1/8 turn left, Rf next Lf, Lf 1/8 turn left

Enjoy
