

Running Home

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Running Home - Cochren & Co.



Music Available on: iTunes and amazon.com

#24 count intro

Section 1: STEP FWD. TOUCH, STEP BACK TOUCH (X2) -with claps or raising your hands on the touches-

1,2,3,4 R step fwd., L touch behind R, L step back, R touch in front of L,
5,6,7,8 R step fwd., L touch behind R, L step back, R touch in front of L, (12:00)

(First restart, wall 5 facing 12:00)

Section 2: ANGLED 1/8 TURN SLIDE STEP, TOUCH, POINT OUT & IN, RIGHT AND LEFT -open arms wide-

1,2,3,4 1/8 turn Left, Slide R angled fwd. (11:00) touch L next to R, point L left, L touch next to R
5,6,7,8 1/8 turn Left, Slide L Left (9:00) touch R next to L, point R right, R touch next to L (9:00)

Section 3: ½ TURNING STEP TOUCHES with claps on the touches.

1,2,3,4 R step 1/8 Left, touch L next to R, L step ¼ left, touch R next to L
5,6,7,8 R step 1/8 left, touch L next to R, L step left, touch R next to L (3:00)

(Second restart, wall 10,((12:00)) after 24 counts you will be facing 3:00 when restart happens)

Section 4: SIDE ROCK, RECOVER, CROSS HOLD, ½ HINGE TURN, STEP, HOLD

1,2 Rock R to right side, recover on L
3,4 Cross R over L, Hold (3:00)
5,6 Turn ¼ right, step L back, turn ¼ right step R to right (9:00)
7,8 L Step fwd. Hold (9:00)

Begin dance again.

To end on the front wall, wall 16, you will be facing 12:00, on count 17, turn ¼ right, R step fwd.

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Thank you and enjoy the dance.

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