

Ok Ok

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - March 2023
音樂: OK OK - HOKO : (Spotify/ Apple Music/ Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 4 counts/dance starts on the words "all side ways")

[S1] C Bump into Sailor 1/4R-Step-Pivot 1/2R, C Bump-Recover-Side-Sailor 1/4R-Fwd

- 1&2 Touch R toes to the side/bump hips right and up, Return hips, Step down to R/bump hips right and making a ¼ turn left (9:00)
- 3&4& Step L behind R, Step R next to L, Step forward on L, Make a ½ turn right recover weight on R (3:00)
- 5&6& Touch L toes to the side/bump hips left and up, Return hips, Step down on L/bump hips left, Return hips
- 7 Step L to the side sweeping R around
- 8&1 Step R behind L making a ¼ turn right (6:00), Step L beside R, Step forward on R weight on both feet

[S2] Heel Swivel Out-In-Out-In-Hitch, Weave L-1/4L-Step-Pivot 1/4L-Cross-

- &2&3 Swivel both heels out, Swivel heels back in, Swivel both heels out, Swivel heels back in weight ends on L
- &4& Hitch R knee to the side, Step R behind L, Step L to the side
- 5&6& Cross R over L, Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (3:00)
- 7&8 Step forward on R, Make a ¼ turn right recover weight on L (12:00), Cross R over L-

[S3] -Side Touches, Hip Bump-&, Step-Pivot 1/2R-Fwd-Fwd-Touch, Hip Bump

- &1&2 - Step L to the side, Touch R next to L, Step R to the side, Touch L next to R
- &3&4 Step L to the side, Touch R toes next to L, Push hips to the right and up, Return hips
- &5& Ball step R beside L, Step forward on L, Make a ½ turn right recover weight on R (6:00)
- 6&7 Run forward on L-R (6&), Touch L toes next to R
- &8 Push hips to the right and up, Return hips

[S4] L Rocking Chair, Step-Pivot 1/4R-Cross, Reverse Side Roll into Side Rock-Cross-Side Rock-Cross

- 1&2& Rock forward on L, Replace weight on R, Rock back on L, Replace weight on R
- 3&4 Step forward on L, Make a ¼ turn right recover weight on R (9:00), Cross L over R
- 5&6& Make a ¼ turn left stepping back on R, Make a ½ turn left stepping forward on L (12:00), Make a ¼ turn left stepping (rock) R to the side (9:00), Replace weight on L
- 7&8& Cross R over L, Rock L to the side, Replace weight on R, Cross L over R

No tags or restarts

Ending suggestion: The last Wall starts facing 6:00. Dance up to count 4& (9:00).
Make a further ¼ turn right on ball of R foot /stepping L to the side (12:00)

(updated: 26/Feb/23)