

Black & White

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - March 2023
音樂: Black & White (feat. Superfruit) - Todrick Hall



Dance start at 00:28 sec.

Sequence 1 [1-8] WALK - WALK & SWEAP - JAZZ BOX - SWIVELS BACK - COASTER CROSS W/ 1/4 TURN L

1-2 RF step forward (1), LF step forward and RF sweep from back to front (2)
3&4 RF cross over LF (3), LF step behind (&), RF step to R side (4)
5-6 LF step behind and swivel R heel (5), RF step behind and swivel L heel (6)
7&8 LF step behind (7), RF next to LF (&), LF cross over RF with 1/4 turn L (8) 09:00

Sequence 2 [9-16] STEP - CROSS - STEP FORWARD W/ 1/4 TURN R - HALF TURN - FULL TURN L - FULL TURN R

&1-2 RF step to R side (&), LF cross over RF (1), RF step forward with 1/4 turn R (2) 12:00
3&4 LF step forward (3), 1/2 turn R with R step forward (&), LF step forward (4) 06:00
5&6 RF step behind with 1/2 turn L (5), LF step forward with 1/2 turn L (&), RF step forward (6)
06:00
7&8 LF step behind with 1/2 turn R (7), RF step forward with 1/2 turn R (&), LF step forward (8)
06:00

Sequence 3 [17-24] JUMP W/ 1/4 TURN L & KICK - HITCH - OUT - OUT - IN - IN - STEP - HITCH - MONKEY WALKS

1-2 RF jump to R side with 1/4 turn L and LF kick on L side (1), LF hitch with 1/4 turn L (2) 12:00
3&4& LF step to L side (3), RF step to R side (&), LF step in (4), RF step in (&)
5-6 LF step forward (5), RF hitch (6)
7&8 RF step forward (7), LF step forward (&), RF step forward (8)

Sequence 4 - [25-32] TOUCH W/ 1/4 TURN R - TOUCH W/ 1/4 TURN R - STEP & FLICK - TOUCH - 1/2 TURN SWEEP - STEP - HALF TURN - TOGETHER

1-2 LF touch to L side with 1/4 turn R (1), LF touch L side with 1/4 turn R (2) 06:00
3-4 LF step next to RF and RF flick with 1/4 turn L (3), RF touch forward (4) 03:00
5-6 (weight on RF), LF sweep from back to front with 1/2 turn R (5) 09:00
7&8 LF step forward (7), 1/2 turn R with R step forward (&), LF next to RF (8) 03:00

TAG (16 counts) - After walls 1, 4, 7 & 10

[1-8] STEP FORWARD - SCUFF - JAZZ BOX WITH 1/4 TURN R - OUT - OUT - ARMS MOVEMENTS

1-2 LF step forward (1), RF scuff (2)
&3&4 RF cross over LF (&), LF step behind (3), RF step to R side with 1/4 turn R (&), LF next to RF (4) 06:00
5-6 LF step to L side (5), RF step to R side (6)
&7&8 R arm up in diagonal R (&), L arm up in diagonal L (7), R arm down in diagonal R (&), L arm down in diagonal L (8)

[9-16] STEP FORWARD - SCUFF - JAZZ BOX WITH 1/4 TURN R - OUT - OUT - ARMS MOVEMENTS

1-2 LF step forward (1), RF scuff (2)
&3&4 RF cross over LF (&), LF step behind (3), RF step to R side with 1/4 turn R (&), LF next to RF (4) 09:00
5-6 LF step to L side (5), RF step to R side (6)
&7&8 R arm up in diagonale R (&), L arm up in diagonale L (7), R arm down in diagonale R (&), L arm down in diagonale L (8)

Have fun x

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