

Bella Paso

拍數: 32 牆數: 2 級數: Intermediate
編舞者: David Ang (MY) - March 2023
音樂: Bella Ciao - Becky G.



Intro: Start dance with lyrics " O Partigiano "

Note: * Tag after Wall 4

*** Repeat Count 17 – 32 after Wall 6 facing 3:00**

[1 - 8] ¼ Turn L, Step, Lock, Step Lock Step , ½ Turn R, Step, Lock, Step Lock Step

1 - 2 ¼ turn L keep weight on L and step R forward (1), lock L behind R (2) 9:00
3 & 4 Step R forward (3), lock L behind R (7), step R forward (4) 9:00
5 - 6 ½ turn R keep weight on R and step L forward (5), step R behind L (6) 3:00
7 & 8 Step L forward (7), lock R behind L (&), step L forward (8) 3:00

[9 - 16] ¼ Turn L, R – L Cross Rock Recover, Walk Forward R-L-R, ¼ Turn R Stomp

1 - 2 ¼ turn L Cross rock R over L (1), recover weight on L (2) 12:00
& 3 - 4 Step R next to L (&), cross rock L over R (3), recover weight on R (4) 12:00
& 5 - 6 Step L next to R (&), walk forward R (5), walk forward L (6) 12:00
7 - 8 Walk forward R (7), ¼ turn R stomp L next to R (8) 3:00

[17 - 24] Side, Together, Side Chasse, ½ Turn L, Side Together, Side Chasse

1 - 2 Step R to R (1), step L next to R (2) 3:00
3 & 4 Step R to R (3), step L next to R (&), step R to R (4) 3:00
5 - 6 ½ L step L to L (5), step R next to L (6) 9:00
7 & 8 Step L to L (7), step R next to L (&), step L to L (8) 9:00

[25 - 32] Cross, Pivot ¾ L, Hold , Ball Step, Pivot ½ L, Step, Touch

1 – 4 Cross R over L (1), pivot ¾ turn L keeping weight on R with L knee popped forward (2), hold (3, 4) 12:00
a 5 - 6 Ball step L next to R (a), step R forward (5), pivot ½ turn L weight on R (6) 6:00
7 - 8 Step down on L (7), touch R next to L (8) 6:00

*** At the end of Wall 6 (12:00), turn ¼R facing 3:00 and REPEAT Count 17-32 before starting Wall 7 facing 6:00**

*** TAG: After Wall 4 (12:00), do the following 16 counts:**

[1 - 8] Cross, Side Rock, ¼ R Arc Walk, ¼ L Running Curve

1 – 2 & Cross R over L (1), step L to L side (2), recover on R (&) 12:00
3 – 4 & Cross L over R (3), rock R to R side (4), recover on L (&) 12:00
5 - 6 ¼ arc walk to R stepping R – L (5 – 6) 3:00
7 & 8 Step R forward to R diagonal and continue small runs R L R in a CW curve pattern towards 6:00 (7 & 8) 6:00

[9 - 16] Cross, Side Rock, ¼ L Arc Walk, ¼ Running Curve

1 – 2 & Cross L over R (1), rock R to R side (2), recover on L (&) 6:00
3 – 4 & Cross R over L (3), rock L to L side (4), recover on R (&) 6:00
5 - 6 ¼ arc walk to L stepping L – R (5 – 6) 3:00
7 & 8 Step L forward to L diagonal and continue small runs L R L in a CCW curve pattern towards 12:00 (7 & 8) 12:00

Ending On Wall 7 dance up to Count 29 (Step R forward), Pivot ½ turn L step L forward (6), step R forward (7) hold (8), facing 12:00
