This Ain't Country

拍數: 32

級數: Intermediate

編舞者: Anna Ovaska (FIN) - March 2023

音樂: This Ain't Country - Cooper Alan

Starting point: 16 secs. into track he sings "Five o clock 23 pack" start dance on the word "Five"

HEEL SWITCHES R, L, 3 STEPS FORWARD, ROCKING JAIR, SHUFFLE FORWARD

- 1& touch R heel forward, recover next to L
- 2& touch L heel forward, recover next to R
- 3&4 step Rf forward, step Lf forward, step Rf forward
- 5&6& rock Lf forward and recover Wright back to Rf, rock Lf back and recover weight back to Rf
- 7&8 Step L forward, step R beside L, step L forward
- (Restart here on wall 4)

MAMBO FORWARD R TURNING 1/2 TO R WHEN RECOVER, 3 STEPS FORWARD MAKING FULL TURN L, R, L, ROCK R FORWARD, RECOVER, COASTER STEP

- 1&2 Step Rf forward and recover turning 1/2 to R and leave weight to Rf
- 3&4 step Lf forward turning 1/2 to R, step Rf forward turning 1/2 to R, step Lf forward
- 5-6 Rock Rf forward and recover weight to Lf
- 7&8 Step Rf back, Step Lf beside Rf, Step Rf forward

MAMBO L FORWARD TURNING ¼ TO L WHEN RECOVER, JAZZBOX, SIDE ROCK R, SAILOR STEP

- 1&2 Step Lf forward, recover turning 1/4 to L leaving weight to Lf
- 3&4& Cross Rf over Lf, Step Lf back, Step Rf to side, cross Lf over Rf
- 5-6 Rf side rock and recover weight to Lf
- 7&8 Cross Rf behind Lf, Step Lf to L side, Step Rf to R side

STEP L BEHIND R, STEP R SIDE TURNING ¼ TO R, PIVOT ¾ TURN R, STEP R BEHIND L, L SIDE ROCK RECOVER, STEP L BEHIND R AND SWEEP R, PONYSTEP

- 1-2 step Lf behind Rf, Step Rf SIDE turning 1/4 to R leaving weight to Rf
- 3&4 Step Lf forward and turn ³/₄ to L and step Lf side leaving weight to Lf
- 5&6 step Rf behind Lf, Lf rock step side and recover weight to Rf
- & Step Lf behind Rf and sweep Rf back
- 7&8& rock Rf back, recover weight to Lf, rock Rf back, recover weight to Lf

You are ready to start again. \Box

THERE IS A RESTART ON WALL 4 AFTER 8COUNTS.

TAG: 4 COUNTS AFTER WALL 6.

PIVOT ½ TURN, PIVOT ½ TURN

- 1-2 step Rf forward and turn 1/2 to L leaving weight to Lf
- 3-4 step Rf forward and turn 1/2 to L leaving weight to Lf

Last Update: 29 Sep 2023





牆數: 4