

See the Light

拍數: 32 牆數: 2 級數: Improver
編舞者: Véronique Vernet (FR) - February 2023
音樂: See The Light - Stephen Sanchez



Intro : 4 + 16 counts

Section I : STEP SWEEP - STEP SWEEP – STEP HOP & KICK BACK- CROSS & CROSS

1-2 Step RF fwd – sweep LF from back to front
3-4 Step LF fwd – sweep RF from back to front
5-6 Step RF fwd – Hop on to RF & Lift L leg to L
7&8 Cross LF over RF – Step RF to R - Cross LF over RF

Section II : TRIPLE RIGHT - 1/4 TURN LEFT, TRIPLE LEFT - KICK & POINT & POINT & CLAP 2X

1&2 Step RF to R – LF together - Step RF to R
3&4 Step LF with ¼ turn L – RF together – Step LF to L (9:00)
5&6 & Kick R Fwd - Step RF next to LF – Point LF to Left – Step LF next to RF
7&8 Point RF to R – Hold + Clap - Hold + Clap

Restart : Walls 4 at 6:00 and 9 at 3:00 after 16 counts

Section III: CROSS & CROSS - ROCK STEP -BEHIND SIDE CROSS - STEP TURN

1&2 Cross RF over LF – Step LF to L - Cross RF over LF
3-4 Step LF to L – Recover on RF
5&6 Step LF behind RF – step RF to RF – Step LF over LF
7-8 Step RF Fwd – ½ Turn L weight on LF (3:00)

Section IV : WALK RIGHT - LEFT - TRIPLE FWD - & STEP FORWARD - KICK BALL POINT – CLAP x2

1-2 Step RF fwd – Step LF fwd
***Option : 1-2 FULL TURN : Turn ½ left step right back, turn ½ left step left forward**
3&4 Step RF fwd – LF together - Step RF Fwd
&5 Step LF next to RF – Step RF Fwd
6&7 Kick L fwd – Ball LF – Point R to R
&8 Hold + Clap - Hold + Clap

Last Update: 20 Mar 2023