

5 Leaf Clover

拍數: 144 牆數: 2 級數: Phrased Intermediate
編舞者: Elisabeth Elkuch-Heid (CH/LIE) - March 2023
音樂: 5 Leaf Clover - Luke Combs



Sequence: AA B CC A B CC(18 Counts) B CC B(last 12 Counts)

Part A:

[1-6] L Rumba Box

1-3 Step L to L, Step R next to L, Step L Fwd
4-6 Step R to R, Step L next to R, Step R Back

[7-12] Coaster Step L & R

1-3 Step L Back, Step R Back, Step L Fwd
5-6 Step R Back, Step L Back, Step R Fwd

[13-18] Touch/Step L Behind R, Unwind 1/2 Turn L, Start Rumba Box R

1-3 Touch L Behind R, Unwind 1/2 Turn L
4-6 Step R to R, Step L next to R, Step R Fwd

[19-24] Finish Rumba Box, Coaster Step

1-3 Step L to L, Step R next to L, Step L Back
4-6 Step R Back, Step L next to R, Step R Fwd

[25-30] Basic Waltz Steps Fwd & Back

1-3 Step L Fwd, Step R next to L, Step L in Place
4-6 Step R Back, Step L next to R, Step R in Place

[31-36] Full Turn Fwd L

1-3 Step L Fwd & 1/2 Turn L, Step R in Place, Step L in Place
4-6 Step R Back & 1/2 Turn L, Step L in Place, Step R in Place

[37-42] Step L Sweep R, Step R, Sweep L

1-3 Step L Fwd, Sweep R over 2 counts
4-6 Step R Fwd, Sweep L over 2 counts

[43-48] Cross Side Rock L & R

1-3 Cross L over R, Step R to Side, Recover L
4-6 Cross R over L, Step L to Side, Recover R

Part B:

[1-6] Side Rock L (Sway L), Side Rock R (Sway R)

1-3 Step L to L (Swing Arms to L)
4-6 Step R to R (Sway to R)(Swing Arms to R)

[7-12] Step Side L, Full Turn L, Sway to L

1-3 Step L to L, Full Turn L with Arms above you, Step R next to L
4-6 Step L to L, Hold, Hold

[13-18] Step Side R (Sway R), Side Rock L (Sway L)

1-3 Step R to R (Swing Arms to R)
4-6 Step L to L (Sway to L)(Swing Arms to L)

[19-24] Step Side R, Full Turn R, Sway to R

1-3 Step R to R, Full Turn R with Arms above you, Step L next to R
4-6 Step R to R, Hold, Hold

[25-30] Cross Side Rock L & R

1-3 Cross L over R, Step R to R, Recover L
4-6 Cross R over L, Step L to L, Recover R

[31-36] Basic Waltz Steps

1-3 Step Fwd L, Step R next to L, Step L in Place
4-6 Step Back R, Step L next to R, Step R in Place

[37-42] Full Turn Fwd L

1-3 Step L Fwd & 1/2 Turn L, Step R in Place, Step L in Place
4-6 Step R Back & 1/2 Turn L, Step L in Place, Step R in Place

[43-48] Step L Sweep R, Step R, Sweep L (Pull Out your Arms with Palms up)

1-3 Step L Fwd, Sweep R over 2 counts
4-6 Step R Fwd, Sweep L over 2 counts

[49-54] Step Hitch L & R (Arms on your Hips)

1-3 Step L Fwd, Hitch R (2 Counts)
4-6 Step R Fwd, Hitch L (2 Counts)

[55-60] Back L, Hold, Back R, Back L, Hold, Back R

1-3 Step Back L, Hold, Step Back R
4-6 Step Back L, Hold, Step Back R

[61-66] Cross Side Rock L & R

1-3 Cross L over R, Step R to R, Recover L
4-6 Cross R over L, Step L to L, Recover R

[67-72] Cross L over R, Unwind Full Turn R, Bounce to Side Center

1-3 Cross Step L over R, Unwind Start Full Turn R
4-6 Continue Unwind, Bounce to Side (both Feet lean to R), Center (Irish)

Part C

Imagine the 5 Leaf Clover around you - and dance in each corner of it

The Following Steps of 18 Counts are to be danced moving Fwd in a circle Left - Diamond

[1-6] Diamond Steps: Cross L over R, 1/5 Turn L with R Back, Side, Back R 1/5 Turn L, Step L Side, Step R Fwd

1-3 Cross L over R, Turn 1/5 L with R Back, Step L Side
4-6 Step R Back, 1/5 Turn L with L, Step R Fwd

[7-12] Cross L over R, Step R Back, Step L Side, Back R 1/5 Turn L, Step L Side, Step R Fwd

1-3 Cross L over R, Step R Back, Step L Side
4-6 Step R Back, 1/5 Turn L with L, Step R Fwd

[13-18] Repeat 1-6 (12)

[19-24] Step Sweep, Step Sweep

1-3 Step L Fwd, Sweep R (2,3)
4-6 Step R Fwd, Sweep L (5,6)

Lizzy's Line Dance
www.rheinvalley.li

Last Update - 22 Mar. 2023 - R1

