

No Me Llevas

拍數: 32 牆數: 4 級數: Beginner
編舞者: Raymond Sarlemijn (NL) & Ira Weisburd (USA) - March 2023
音樂: No me llevas - Marquess



Introduction: 24 counts. Start @ 20 sec.
NO TAGS !! **One Easy Restart.

PART I. *(CROSS MAMBO, CROSS MAMBO; BACK MAMBO, BACK MAMBO)

1&2 Cross Rock R across L, Recover back onto L, Step R to R
3&4 Cross Rock L across R, Recover back onto R, Step L to L
5&6 Step R back, Recover forward onto L, Step R to R
7&8 Step L back, Recover forward onto R, Step L to L

*Optional Variation:

(R BOTAFOGO, L BOTAFOGO, R BACK SAILOR STEP, L BACK SAILOR STEP)

1&2 Step R across L, Step L to L, Step R to R
3&4 Step L across R, Step R to R, Step L to L
5&6 Step R back, Step L to L, Step R to R
7&8 Step L back, Step R to R, Step L to L

PART II. (FORWARD, LOCK, STEP, PIVOT 1/4 R TURN; SIDE MAMBO, SIDE MAMBO)

1&2 Step R forward, Step L behind R heel, Step R forward
3&4 Step L forward, Pivot 1/4 R onto R, Step L forward
5&6 Step R to R, Recover L onto L, Step R beside L
7&8 Step L to L, Recover R onto R, Step L beside R

PART III. (SIDE, TOGETHER, SIDE, TOGETHER, SIDE; BACK MAMBO, BACK MAMBO)

1-2 Step R to R, Step-close L beside R
3&4 Step R to R, Step-close L beside R, Step R to R
5&6 Step L back, Recover forward onto R, Step L to L
7&8 Step R back, Recover forward onto L, Step R to R

PART IV. (SIDE, TOGETHER, SIDE, TOGETHER, SIDE; BACK MAMBO, BACK MAMBO)

1-2 Step L to L, Step-close R beside L
3&4 Step L to L, Step-close R beside L, Step L to L
5&6 Step R back, Recover forward onto L, Step R to R
7&8 Step L back, Recover forward onto R, Step L to L

REPEAT DANCE.

**NOTE:

On Wall 3 (6:00), Restart the Dance after the first 8 counts.

Last Update - 23 Mar. 2023 - R1