A Little Whistle



拍數: 32 編數: 4 級數: Absolute Beginner

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INTRO: 16 COUNTS. NO TAGS NO RESTARTS

SECT:1. 2 STEPS FWD, MAMBO FWD, 2 STEPS BACK, MAMBO BACK

1,2,3&4. Walk Fwd Rf,Lf,Rock Rf Fwd,Recover To Lf,Rf Back. (12) 5,6,7&8. Walk Back Lf,Rf,Rock Lf Back,Recover To Rf,Lf Fwd. (12)

SECT:2. SCUFF STEP BACK, L POINT, TOGETHER, R POINT, TOUCH, POINT, TOUCH

1,2,3,4. Rf Scuff Fwd,Rf Step Back,Point Lf To L,Step Lf Beside Rf. (12) 5,6,7,8 Point Rf To R,Touch Rf To Lf,Point Rf To R,Touch Rf To Lf. (12)

SECT:3. GRAPEVINE R, GRAPEVINE L WITH 1/4 TURN L

1,2,3,4. Rf To R,Lf Behind Rf,Rf To R,Touch Lf To Rf. (12) 5,6,7,8. Lf To L,Rf Behind Lf,Turn ¼ L,Lf Fwd,Touch Rf To Lf. (9)

SECT:4. JUMP FWD, JUMP BACK, JUMP FWD, CIRCLE HIPS ANTI CLOCKWISE

&1,2&3,4 Small Jump Fwd Rf,Lf (Shoulder Width Apart) Hold,Small Jump Back Rf,Lf,Hold, (9)

&5,6,7,8. Small Jump Fwd Rf,Lf,Hold,Full Circle Of Hips Anti Clockwise (9)

During Last Sect 0n Counts 5,6,7,8. Put Both Hands On Heart