

Hold Me Now

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Judy Rodgers (USA) - March 2023
音樂: Hold Me Now (Dance Version) - Johnny Logan



#40 count intro on word 'touch'

S1: Step side, rock, recover, side, cross, turn 1/4 turn 1/4 point

1-4 Step R to right side, cross rock L over R, recover R, step L to side
5-6 Cross R over L, turn 1/4 right step L back 3:00
7-8 Turn 1/4 right step R to right side, point L to left side 6:00

S2: Step, sweep, step, sweep, rock, recover, turn 1/2 L, hold

1-2 Step L fwd, sweep R from back to front
3-4 Step R fwd, sweep L from back to front
5-6 Rock L fwd, recover R
7-8 Turn 1/2 left step L fwd, hold 12:00

S3: Turn 1/4 L step, together, fwd, hold, sway, sway, sway, hold

1-4 Turn 1/4 left step R to right side, step L beside R, step R fwd, hold 9:00
5-8 Step/sway L, sway R, sway L, hold

S4: K-step

1-2 Step R fwd to right diagonal, touch L beside R
3-4 Step L back to center, touch R beside L
5-6 Step R back to right diagonal, touch L beside R
7-8 Step L back to center, touch R beside L
(clap on touches)

Tag 1: After Wall 4, add the following 8 counts

Side, hold, back rock, side hold back rock (R & L)

1-4 Step R to right side, hold, rock L back, recover R
5-8 Step L to left side, hold, rock R back, recover L

Tag 2: After Wall 8, add the following 4 counts

Jazz box

1-4 Cross R over L, step L back, step R to right side, step L fwd