

Ku Bukan Milikmu Lagi

拍數: 48 牆數: 4 級數: Improver
編舞者: Asbare Bare (INA) - March 2023
音樂: Bukan Milikmu Lagi - Agnes Monica



I. WALK RL, FORWARD MAMBO, BACK, IN PLACE

- 1 – 2 Step Rf forward, Step Lf forward
- 3 & 4 Rock Rf forward, Recover on Lf, Step back on Rf and sweep Lf from front to back
- 5 & 6 Step back on Lf, Step Rf in place, Step Lf in place and sweep Rf from front to back
- 7 & 8 Step back on Rf, Step Lf in place, Step Rf in place

II. CROSS SAMBA, UNWIND

- 1 & 2 Cross Lf over Rf, Rock Rf to right side, Recover on Lf
- 3 & 4 Cross Rf over Lf, Rock Lf to left side, Recover on Rf
- 5 – 8 Cross Lf behind Rf, make full turn L (12:00) weight on L

III. BACK DIAGONAL, TOE TOUCH, KICK BALL TOUCH

- 1 – 2 Step back on Rf diagonal R, Touch L toe beside Rf
- 3 – 4 Step back on Lf diagonal L, Touch R toe beside Lf
- 5&6 Kick Rf forward, Step Rf beside Lf, Touch L toe to left side
- 7&8 Kick Lf forward, Step Lf beside Rf, Touch R toe to right side

IV. ROCK FORWARD, COASTER, FORWARD, PIVOT ½, SHUFFLE FORWARD

- 1 – 2 Rock Rf forward, Recover on Lf
- 3 & 4 Step back on Rf, Step Lf beside Rf, Step Rf forward
- 5 – 6 Step Lf forward, ½ turn R weight on Rf
- 7 & 8 Step Lf forward, Step Rf beside Lf, Step Lf forward

V. SKATE, ROCK CROSS, SIDE

- 1 – 2 Step Rf forward diagonal right, Step Lf forward diagonal L
- 3 – 4 Step Rf forward diagonal right, Step Lf forward diagonal L
- 5 & 6 Rock cross Rf over Lf, Recover on Lf, Step Rf to right side
- 7 & 8 Rock cross Lf over Rf, Recover on Rf, Step Lf to left side

VI. SHOULDER PUSH, FORWARD, ½ TURN L, ¼ TURN L SIDE, TOGETHER

- 1 & 2 Step Rf to right side (weight on Rf) and push shoulder up,down,up
- 3 & 4 Step Lf to left side (weight on Lf) and shoulder up, down, up
- 5-6& Step Rf forward, ½ turn L weight on L, hitch on Rf
- 7 – 8 ¼ turn L Long step Rf to right side, Step Lf beside Rf

Tag after wall 3 (4 count)

- 1 – 2 Step Rf forward, ½ turn L weight on L
- 3 – 4 Step Rf forward, ½ turn L weight on L

Restart on wall 4, 5 & 8 after 32 count

Tag & Restart on wall 6 after 32 count

Last Update - 22 Mar 2023